ESL BRAINS

The person who knows how to cheer your day up

1. **Look at the photos and say why these people might be having a bad day.**





2. **Complete the questions with the correct prepositions.**
   - When was the last time:
     a) you were late …….. work? Why?
     b) you weren't …….. time for an important meeting? What happened?
     c) one of your personal devices was out …….. order (e.g. your phone, laptop, etc.)? What did you do with it?
     d) your car or bus broke ……..? What did you do?
     e) you were …….. a bad mood? What happened?

3. **Discuss the questions from ex. 2.**

4. **Match the phrasal verbs in bold to their meanings below.**
   a) As a clown she visits hospitals and **cheers up** sick children.
   b) We just **got in** the car and went for a drive.
   c) They loved each other very much and, thanks to that, they **got through** that difficult time.
   d) I'm your best friend. Just **let it out** and you'll feel better.
   e) Just **pick up** the phone and call your father to tell him about it.

   MEANINGS:
   1) feel or make someone feel happier
   2) deal with something difficult
   3) lift something
   4) enter a vehicle
   5) say what is on your mind

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5. **Discuss the questions.**
   - What do you do to cheer yourself up when you are having a bad day?
   - Do you ever pick up the phone and call your friends or family to help you feel better?



6. **Read the comments below and guess who knows best what to do when we are having a bad day. Then, watch a video [https://youtu.be/kgdCmI98jTw] to check your ideas.**



7. **Watch the video again and mark which phrasal verbs you hear.**
   - break up
   - break down
   - get in
   - get through
   - give up
   - let it out
   - pick up
   - wake up

8. **Watch the video again and complete the sentences with one word each.**
   a) Never think that you're gonna …….. .
   b) I don't feel they're bad days. They're only …….. in life.
   c) You start …….. yourself, you can love everybody else.
   d) Chocolate …….. everybody happy.
   e) If you are some grandma's ……., then pick up the phone and call her.

9. **Discuss the sentences from ex. 8. Do you agree or disagree with them?**

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