

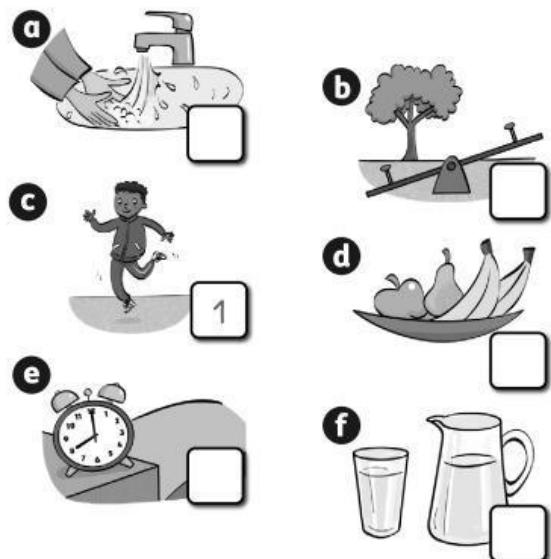
5 Unit record

Name: _____

Lesson 1 Words Let's talk about staying healthy.

1 Match. Then look and number.

| | | |
|---------|---|----------------|
| 1 do | ● | ● your hands |
| 2 eat | ● | ● exercise |
| 3 play | ● | ● water |
| 4 drink | ● | ● fruit |
| 5 go | ● | ● to bed early |
| 6 wash | ● | ● outside |



Lesson 2 Grammar Let's talk about how often we do things.

2 Look and write sentences.

eat vegetables do exercise eat ice cream play outside go to bed early

| | | | | |
|-----------|--|--|--|--|
| Monday | | | | |
| Tuesday | | | | |
| Wednesday | | | | |
| Thursday | | | | |
| Friday | | | | |

- 1 Mia goes to bed early five times a week.
- 2 She _____.
- 3 She _____.
- 4 She _____.
- 5 She _____.

5 Unit record

Name: _____

Lesson 3 Words and Grammar Let's talk about how we relax.

3 Look and write sentences.

✓✓✓ always ✓✓ often ✓ sometimes ✗ never

do karate go fishing play volleyball do art go swimming

- 1  She sometimes goes fishing.
- 2  He _____.
- 3  They _____.
- 4  She _____.
- 5  I _____.

Lesson 4 Story Let's read about feeling too busy.

4 Write T (true) or F (false).

- 1 Ben does his homework every day. T
- 2 He plays football once a week.
- 3 He always goes swimming at the weekend.
- 4 He goes fishing with his mum.
- 5 At the end of the story, Ben and his dad relax.



Lesson 5 Skills and Culture Let's learn about exercise in Brazil and China.

5 Read and tick ✓.



| | |
|------------------------------------------------------|-------------------------------------|
| 1 This sport is very popular in China. | <input checked="" type="checkbox"/> |
| 2 People do this sport on the beach in Brazil. | <input type="checkbox"/> |
| 3 Older people do this sport in the park. | <input type="checkbox"/> |
| 4 The players always do slow and careful moves. | <input type="checkbox"/> |
| 5 The players sometimes do big jumps and high kicks. | <input type="checkbox"/> |