

Read the texts below. For questions (33—42) choose the correct answer (A, B, C or D). Write your answers on the separate answer sheet.

SCIENTISTS SAY EXERCISE IS «FOOD FOR THE BRAIN»

Do you think that walking and running might help you with reading and writing? Scientists say it can. They say exercise causes blood to flow to the brain. That carries oxygen and nutrients to the brain.

«Exercise is food for the brain», says Dr John Ratey of Harvard University. «(33) _____ show that exercise builds new brain cells in the part of the brain that helps with memory and learning», he added.

«Short bursts of exercise throughout the day may help students pay attention more, behave better, and feel better about (34) _____», Dr Dawn Coe told *News For You*. «That can help students do better in school», she added.

One group of scientists say they have (35) _____ that exercise can help boost students' grades. The scientists studied 214 sixth graders. They divided the students into three groups that got different amounts of exercise. They learned that the group that exercised most did the best on tests. The more active the exercise, (36) _____, the scientists said. Basketball, soccer, and swimming

are some of the best forms of exercise. (37) _____ are biking, skateboarding, playing tag, and jumping on a trampoline.

Some sports — such as basketball and tennis — are good because players must concentrate to play well. Playing those sports can help teach students to concentrate. That's a skill that can help students in the classroom too.

	A	B	C	D
33	Study	Studying	Studies	Studied
34	yourselves	itself	himself	themselves
35	prove	proofs	proving	proves
36	the better	good	the best	better
37	Others	Other	Another	The others

ISLAND NATION MAY NEED TO MOVE TO NEW HOME

The Republic of Maldives is an island country known for its warm ocean water and beautiful beaches. But if global temperatures and sea levels keep (38) _____, the country's new president is afraid much that his nation (39) _____ someday be under water. He is so worried that he is thinking about buying a piece of land — and moving the whole country to that new location.

The Maldives, sometimes called the Maldive Islands, is made up of a group of almost 1,200 islands in the Indian Ocean. People live on 250 of those islands. Most of the islands are only about 5 feet above sea level. Over the last century, sea levels in parts of the Maldives (40) _____ by nearly 8 inches. And many experts (41) _____ a similar rise in sea levels by the end of this century. They wonder what might happen to the Maldives if sea levels keep rising at that rate or faster.

Mohamed «Anni» Nasheed, the country's president, wants to put aside some of the \$1 billion the country earns every year from tourism to buy land in case people (42) _____ to move. Nasheed has said he is looking at lands in Sri Lanka and India, because those countries have similar climates, cultures, and foods to the Maldives. He also has said he might think about Australia, which has lots of land where a new nation might be built.

	A	B	C	D
38	rising	rise	to rise	to be risen
39	need	should	must	might
40	have risen	is rising	rose	had risen
41	expected	have expected	expect	have been expecting
42	forced	are forced	force	were forced