

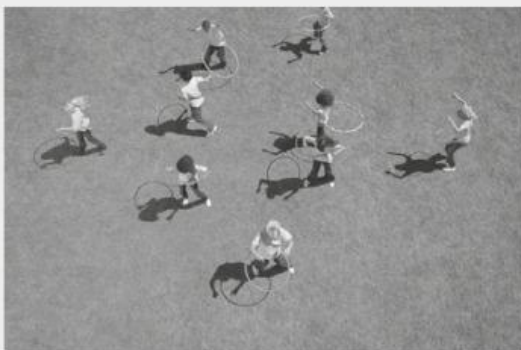
Modal verbs

1 Match the sentence halves.

- 1 If you want to get fit, c
 - 2 Too much sugar —
 - 3 At primary school, we had to —
 - 4 When I was young, I —
 - 5 You don't have to exercise every day; —
 - 6 We were able to finish the worksheet —
- a just a few times a week is enough.
b couldn't eat eggs because they made me ill.
c you must exercise regularly.
d have our lunch at the same time every day.
e can be bad for you.
f because the teacher gave us extra time.

2 Choose the correct option to complete the text.

Are you looking for a fun new sport? Then why not try hula hooping? This is an easy and cheap sport that 1 can/can't help you to get fit. You 2 mustn't/don't have to have any special equipment – except for a hoop of course. You 3 have to/can't have enough space to move the hoop, but that's it! The aim of hula hooping is simple: you 4 must/don't have to move your body in circles to keep the hoop moving around your waist. It's harder than it sounds! I tried it at a class last week. At first, I 5 didn't have to/wasn't able to keep the hoop up for more than a few seconds. But I kept trying and eventually I found that I 6 can/could do it! Go on, give it a try!



Gerunds and infinitives

3 Choose the correct option.

- 1 To go/Going on holiday is more fun than staying at home.
- 2 My friends suggested to go/going ice skating this weekend.
- 3 It's important to eat/eating a balanced diet.
- 4 Ester went to the library to get/getting some books for her project.
- 5 I usually relax by to read/reading a good book.
- 6 My parents were delighted to hear/hearing that my brother passed all his exams!

4 Complete the sentences with the gerund or infinitive form of the verbs in brackets.

- 1 Elif didn't want to go (go) for a bike ride, so she stayed at home.
- 2 Having (have) friends is more important than money.
- 3 If you learn to speak (speak) a foreign language, it can be useful when you travel.
- 4 I'm looking forward to trying (try) this lasagne you made – it smells amazing!
- 5 Chris doesn't enjoy practising (practise) the guitar, although he likes playing it.
- 6 My dad promised to take (take) us swimming at the weekend.
- 7 Kim is really good at playing (play) the drums.
- 8 My cousins are hoping to move (move) to Canada when they're older.

