



Healthy Eating



p r o t e i n d e s o f
b o n e s h a n e m h r
d i e t c l a l x d f u
i o y d a a b c e f e i
r g t s u a l m r t s t
s i h k t t u c c n o s
m i n e r a l s i i s u
y u g y a s f m s u e g
a e d y u l a r e n m a
v o y t e t t l b e t r
b a e c i s i h t o d a
s n h v a a e i y e d t

body
bones
calcium
diet
exercise

fat
fruit
healthy
minerals
protein

salad
salt
sugar
vegetables
vitamins

