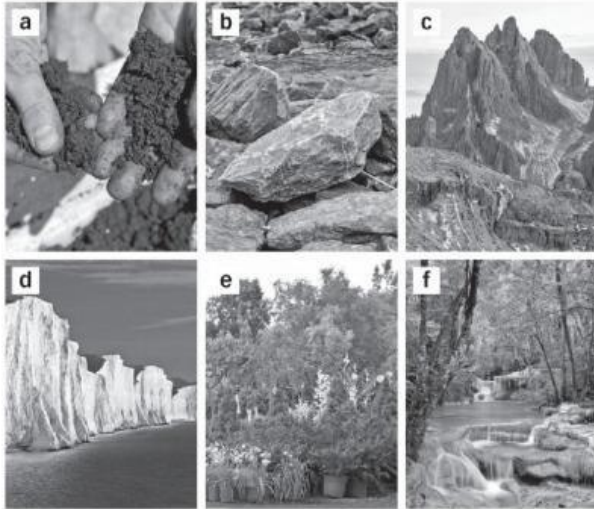


## 4.2 Forest bathing

### Vocabulary the natural world

- 1 Match words 1–6 to pictures a–f.



- |         |          |            |     |
|---------|----------|------------|-----|
| 1 rocks | <u>b</u> | 4 cliffs   | ___ |
| 2 peaks | ___      | 5 soil     | ___ |
| 3 pools | ___      | 6 greenery | ___ |

- 2 Read the definitions and unscramble the words.

- something clean and pleasant to breathe in  
fresh air      **shref ria**
- examples are spring and summer  
\_\_\_      **anosse**
- it's warm and feels good  
\_\_\_      **insushen**
- all you can see when you look across a large area  
\_\_\_      **aspdelnac**
- it can make the sky turn red, pink or orange  
\_\_\_      **tunes**
- the natural beauty that you see around you in the country  
\_\_\_      **recysne**

- 3 Six people are talking about their favourite hills or mountains. Complete what they say with the unscrambled words from exercise 2.

- I love hiking in the Peak District in England. It's an unspoilt landscape of steep hills and green fields.
- My favourite \_\_\_\_\_ in the Pyrenees, on the border between Spain and France, is spring. The snow has gone and the mountains are covered in flowers.
- Up in the Canadian Rockies, you feel so healthy, breathing in the \_\_\_\_\_.

- After a long day skiing in the Alps, I love to sit and watch the \_\_\_\_\_. The colours can be awesome!
- I remember climbing above the clouds on Mount Fuji in Japan. We suddenly had warm \_\_\_\_\_ on our faces, and it was so bright we had to put on sunglasses.
- We travelled around Iceland last year and were amazed by the extraordinary \_\_\_\_\_. The landscape seemed to be from another planet.

- 4 Complete the text with words from the box.

cliffs landscape scenery soil valleys waterfalls



The Zhangjiajie National Forest Park in China is an amazingly beautiful <sup>1</sup> landscape of high mountains and deep <sup>2</sup> \_\_\_\_\_. Powerful <sup>3</sup> \_\_\_\_\_ crash down the sides of steep <sup>4</sup> \_\_\_\_\_ into a huge lake that lies far below. Around the lake, a lot of plants grow in the rich <sup>5</sup> \_\_\_\_\_, creating a thick forest. In the park, three thousand natural columns of rock stand like magical towers. The <sup>6</sup> \_\_\_\_\_ is so spectacular and dramatic that the forest appears to be a place on another planet. And, believe it or not, it is! Zhangjiajie National Forest Park is the setting for the Hallelujah Mountains and the forests of Pandora in the popular 2009 film, *Avatar*.

- ➔ **STUDY TIP** When you add new nouns to your vocabulary notebook, note down whether they are countable (c) or uncountable (u), for example: *cliff* (c), *scenery* (u).

## Grammar probability

- 5 Choose the word or phrase which expresses the meaning in bold.
- not probable**  
a will definitely b is unlikely to c may
  - certain**  
a is likely to b may c will definitely
  - probable**  
a might b will c is likely to
  - possible**  
a will probably b may c is unlikely to
  - impossible**  
a might b definitely won't c is likely to
- 6a Complete the second sentences in 1–6 so they have the same meaning, using the words in brackets.

**National Tree Week is the UK's biggest tree celebration. Every year, in the first week of December, people across the country plant a tree.**

Here are six reasons for taking part in next December's event.

- Over a quarter of a million people are to join our celebration this year. (definitely)  
Over a quarter of a million people will definitely join our celebration this year.
- We will probably plant more trees than ever before. (likely)  
We will plant more trees than ever before.
- Our forests won't survive unless we plant more trees. (definitely)  
Our forests won't survive unless we plant more trees.
- Over two hundred school and community groups might take part in this year's event. (possibly)  
Over two hundred school and community groups might take part in this year's event.
- You may not need them, but our team of volunteers are here to help. (not probably)  
You may not need them, but our team of volunteers are here to help.
- National Tree Week may not succeed without the help of people like you! (unlikely)  
National Tree Week may not succeed without the help of people like you!

- b 4.2 Listen and check your answers.

- 7 Read the article about the future of the Amazon rainforest and choose the correct options to complete the text.



The Amazon rainforest is the largest tropical rainforest in the world, covering over five and a half million square kilometres. It's home to 10% of the world's known animals and plants, but if we continue to destroy the forest as we are doing now, we can be sure of one thing: many of these natural wonders <sup>1</sup>*may not / won't* survive. Jaguars, giant river otters, tapirs and other animals <sup>2</sup>*will / might* almost certainly become extinct in the wild.

So, what can be done to save the rainforest? Today, there are many important projects that aim to protect millions of kilometres of unspoiled Amazon rainforest. These actions could result in two exciting possibilities. One is that we <sup>3</sup>*definitely will / may* save many species from extinction. The other very small possibility is that we <sup>4</sup>*are likely to / might* recover some of the land that was once rainforest.

Here, at Rainforest Survival, we aim to support these vital projects, and that's why we're asking for your help. Please send us your donations. If we don't take action now, the rainforest is <sup>5</sup>*likely / unlikely* to disappear in our lifetimes, and we <sup>6</sup>*probably won't / will probably* lose a whole world of wonders.

### I can ...

Very well      Quite well      More practice

talk about the natural world.



talk about probability.

