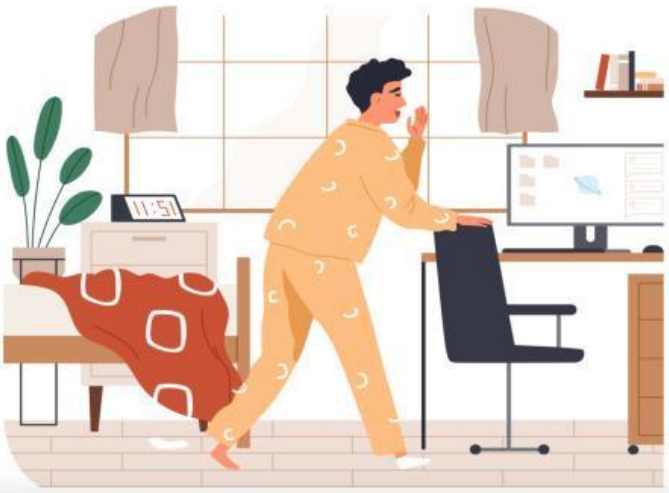
Read each statement below and choose the option that best describes you

1. How often do you delay starting tasks until the last minute?
   - Often
   - Sometimes
   - Rarely
2. When faced with a deadline, how likely are you to start working on the task immediately?
   - Often
   - Sometimes
   - Rarely
3. Do you find yourself making excuses to avoid starting tasks?
   - Often
   - Sometimes
   - Rarely
4. How often do you underestimate the time needed to complete a task?
   - Often
   - Sometimes
   - Rarely
5. Do you often find yourself feeling overwhelmed by the number of tasks you need to complete?
   - Often
   - Sometimes
   - Rarely



LIVEWORKSHEETS

Dragging your feet really hurt my productivity last week. I kept putting off that big project, and now I'm overwhelmed with work.

I thought **kicking the can down the road** would give me more time to prepare, but it just made everything pile up. Now I'm rushing to finish everything.

I was **stalling for time** by doing minor tasks instead of focusing on the main project. In the end, I didn't get much done at all.

My **dilly-dallying** led to a serious **last-minute rush** to meet my deadline. I wish I had started earlier instead of wasting time.

After procrastinating for days, I decided to **cut it loose** and just dive into the work. Surprisingly, I got more done in a few hours than I had all week.

When my **back was against the wall**, I finally stopped procrastinating and pushed through the workload. The pressure actually helped me finish everything on time.

Procrastination can be tricky. Sometimes, that **last-minute rush** boosts my creativity, but most of the time, **dragging my feet** just leaves me stressed out and unprepared.

Check the expressions in bold

(*procrastinating*)

(*postponing the task*)

(*delaying*)

(*wasting time*) / (*final scramble*)

(*stop hesitating*)

(*facing pressure*)

(*final push*) / (*delaying*)



LIVEWORKSHEETS

Read each sentence and choose the correct meaning of the idiom.

1.Stop dragging your feet and start working on that project!
a. To delay or hesitate in taking action.
b. Running swiftly to catch up with someone.
c. Walking quickly with purpose, as if your feet are being dragged along by an invisible force.

2.We can't keep kicking the can down the road. We need to address this issue now.
a. Delaying making a decision or taking action on a problem by literally kicking a can away from oneself.
b. Politely asking someone to move a can out of the way by kicking it.
c. To postpone dealing with a problem or making a decision, often repeatedly.

3.He's just stalling for time; he needs to make a decision and stick to it.
a. Engaging in activities like cleaning to intentionally delay starting a task or meeting.
b. To delay or procrastinate in order to gain extra time to consider or prepare.
c. Delaying a trip to the restroom by pretending to be occupied with other tasks.

4.Stop dilly-dallying and get to work on your presentation.
a. Playing a musical instrument in a leisurely manner instead of attending to important tasks.
b. To waste time or procrastinate by idly or aimlessly doing unimportant tasks.
c. Wasting time by engaging in many activities.

5.I submitted my application just before the deadline; I was cutting it close.
a)Completing something just before it's too late.
b)Making precise cuts in a piece of fabric without measuring.
c)Rushing to complete a task without considering the quality of it.

6.I always end up in a last-minute rush to complete my assignments.
a. A race to be the last person to arrive at a meeting or event.
b. Doing something hastily just before it is due.
c. A competition to complete tasks as quickly as possible.

7.With the deadline approaching, I felt like my back was against the wall.
a. Being in a situation where one has no choice but to act.
b. Indicates having plenty of options and flexibility in a given situation.
c. Describes a situation where someone is feeling relaxed and stress-free

LIVEWORKSHEETS

Read the dialogue between two students and fill in the gaps with the idioms from the today's lesson.

Emily: Hey, Tom, have you finished that school project yet? The deadline is tomorrow.
Tom: Oh, not yet, Emily. I've been 1)_____ on it, to be honest.
Emily: You can't keep 2)_____, Tom. We need to submit it on time.
Tom: I know, but I've been 3)_____, hoping I'll have a breakthrough.
Emily: Stop 4)_____! Your 5)_____ now. We have to submit it tomorrow, no excuses.
Tom: I'm aware of that. I'm cutting it close, but I'll get it done.
Emily: You always leave things to the last minute. It's like you thrive on the 6)_____.
Tom: I guess I do. But this time, I'm feeling the pressure more than ever.
Emily: Well, it's time to face reality, Tom. We can't afford any more delays.
Tom: I know, I know. I'll put an end to my procrastination habits once and for all.
Emily: Let's hope so. We don't want this project to be a disaster.
Tom: Don't worry, Emily, I'll make sure it's not. I'll work on it all night if I have to.
Emily: That's the spirit. Just make sure you don't leave it to the last minute again.
Tom: Agreed. From now on, I'll manage my time better and avoid 7)_____.
Emily: Good. Let's get started right away. We have a lot of work to do.



LIVEWORKSHEETS

1. I tend to **drag my feet** when it comes to ....
2. I sometimes **kick the can down the road** by ...
3. When I need to **stall for time**, I usually end up .
4. My tendency to **dilly-dally** usually affects ...
5. ... often results in a **last-minute rush** to meet deadlines.
6. I find that when I finally decide to **cut it loose** and tackle a task, it usually happens when ....
7. When my **back is against the wall**, I often have to ....
8. I notice that I tend to **drag my feet** on ...



LIVEWORKSHEETS