

# WIDER WORLD

## Unit 6. Take care

### Test A

#### VOCABULARY

##### 1 Complete the words in the sentences.

- 0 Your **e l b o w** is in the middle of your arm.
- 1 Your **k \_ \_ \_** is in the middle of your leg.
- 2 Don't surf the internet just before bedtime because you won't feel **s \_ \_ \_ \_ \_**.
- 3 Last night I had a really bad stomach **\_ \_ \_ \_ \_**.
- 4 Your **b \_ \_ \_ \_** is mainly made of water, so drinking plenty of water helps you to think.
- 5 I usually sleep **b \_ \_ \_ \_** the night before an exam because I'm so nervous!
- 6 Most people's **h \_ \_ \_ \_ \_** beat about 72 times each minute.
- 7 I usually get **r \_ \_ \_ \_** for bed at about 9.30, but read in bed for half an hour after that.
- 8 In spring and summer, a lot of people suffer from **h \_ \_ \_ \_ \_**.

##### 2 Complete the sentences with the words in the box. There are four extra words that you do not need to use.

rugby	running	late	the gym	fit	a dream
all night	her leg	sick	asleep	yoga	the flu

- 0 I play *rugby* every week for my school.
- 1 My sister broke \_\_\_\_\_ playing football.
- 2 What do you do to keep \_\_\_\_\_ ?
- 3 My parents often fall \_\_\_\_\_ in front of the TV.
- 4 I often wake up \_\_\_\_\_ at the weekend.
- 5 I can't go to school this week – I've got \_\_\_\_\_.
- 6 Sarah had a cold and coughed \_\_\_\_\_.
- 7 I did some \_\_\_\_\_ before I went to school today.