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- 1 This week, I've decided to look at one of _____ **the** _____ biggest food fads of the 21st century: superfoods.
 - 2 They contain _____ sugar _____ other fruits, so they're one of _____ healthiest snacks around.
 - 3 Chia seeds contain some of the _____ nutrients for the _____ calories.
 - 4 Even better, they make you feel full ... so you'll eat _____ snacks!
 - 5 Some people believe these berries will help them to grow old _____ slowly ... or even to live _____.
 - 6 It isn't _____ exciting _____ quinoa, but it's a lot _____ expensive!

less	as	fewer	most	longer
than	as	more	the	fewest
		less		