

LET'S PRACTISE

Daily routines

- Write the missing words to complete the daily routine.



1 have a snack



2 brush your hair



3 am dressed



4 brush your teeth



5 wash your hair



6 do exercise



7 have a shower



8 have a bath

Sports activities

Complete the conversation with *PLAY*, *DO* or *GO* and the sports below. There are two extra sports.

athletics badminton football ice skating
karate skiing swimming tennis

- A: Do you ¹ go skiing every year?
B: Yes, we do. We always go to Bariloche. Do you like winter sports?
A: Yes, but I don't like skiing. I prefer to ² play tennis.
B: I sometimes ³ go swimming in my uncle's pool. Do you go swimming?
A: No, I don't like water. But I often ⁴ do athletics. I can run quite fast.
B: Really? I like ball sports. Now and then I ⁵ play football with my cousin. But he always hits the ball really hard!
A: I like it too, but I prefer to ⁶ play badminton. It's a very similar sport!

Opposite adjectives

Read the text about sports in the Olympic Games. Choose the correct answers.



Every few years, the International Olympic Committee introduces ¹ new / old sports to the Olympic Games. In 2016, two of these sports were karate and skateboarding. This is ² amazing / awful for the two sports, but it isn't ³ difficult / easy to add new sports to the event. The process can be very ⁴ fast / slow, and it often takes many years. Other sports, such as dancing and netball, are still not part of the Olympic Games. Let's hope that they have ⁵ bad / good news soon.

Emotions

Read the magazine page. Choose the correct adjective.

What makes you excited? Tell us!

- I get ¹ confident / worried when my parents stay out late. It feels better when they come home. *Nina, 13*
I feel ² nervous / upset when I watch sad programmes about animals on TV. *Pablo, 13*
I get really ³ angry / excited before a holiday! Or on my birthday! Or at Christmas! *Tomás, 14*
I'm always ⁴ surprised / scared when my football team wins a match. They aren't very good! *Eva, 13*
I feel ⁵ embarrassed / excited at parties when I'm standing alone. *Julieta, 14*
I usually feel ⁶ bored / confident about tests. That's because I always revise a lot. *Lucas, 13*