Get involved A1+ Unit 4

Student name _____

Group/Class _____

Date _____ Score _____

VOCABULARY

1 Complete the dialogue with the words and phrases in the box. There are two extra phrases.

go shopping | go swimming | music | on my bike | on the phone | take photos | the cinema | video games

Mona What do you usually do after school?

Adam Well, after my homework, I usually chat **1** _____ with my friends. Sometimes we play **2** _____ together.

Mona What else?

Adam Later in the evening I listen to **3** _____ with my sister.

Mona And what do you do at the weekend?

Adam I sometimes **4** _____ in town, but I don't often buy things. Sometimes, I go out **5** _____ in the park.

Mona Do you often go to **6** _____ to see a film?

Adam Not very often.

Score: /6

GRAMMAR

2 Complete the sentences with the correct object pronouns.

1 My aunt and uncle live near our house. We often visit _____.

2 My new phone is fantastic. I love _____.

3 That's my book. Please pass it to _____.

4 Our teacher, Mrs Smith, is very nice. We all like _____.

5 I think Ed Sheeran is great, but my brother doesn't like _____.

6 We can play the guitar. Watch _____.

Score: /6

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3 Choose the correct answers.

SCHOOL DAYS

Do you know?

■ In China, school usually **1** _____ at 7:30 in the morning. Students **2** _____ until 5:00 pm. There are two hours for lunch, but they **3** _____ home.

■ In Brazil, the school day is from 7:00 am until 12:00 pm or from 1:00 pm until 5:00 pm. Students go to school in the morning or the afternoon. There **4** _____ 23 or more students in each class. Most students **5** _____ a uniform.

■ In Japan, the school year starts in April and finishes in March. **6** _____ a lot of school rules, for example about uniform, shoes and hair. Do students **7** _____ these rules? We don't know!

1	**a** start	**b** starts	**c** starting	**d** to start
2	**a** study	**b** studies	**c** studying	**d** doesn't study
3	**a** not go	**b** doesn't go	**c** don't go	**d** go not
4	**a** is	**b** am	**c** have	**d** are
5	**a** wear	**b** wears	**c** to wear	**d** not wear
6	**a** There's	**b** There are	**c** Are there	**d** Is there
7	**a** like	**b** don't like	**c** loves	**d** hating

Score: /7

READING

4 Read the text.

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Time for bed!

Sleep is very important when you're a teenager – you need eight to ten hours a night. However, in the USA, a study says that only 8% of high school students get the sleep they need. Around 23% sleep for around six hours a night and 10% only sleep for five hours. In Australia, research says that most teenagers only sleep for 6.5–7.5 hours a night. But do some people sleep differently to others?

Olivia Arezzolo from Australia is an expert on sleep, and she puts people into four groups: lions, wolves, dolphins and bears. When you understand your sleep type, it helps you plan your day.

Lions are people who get up early. They work a lot in the morning but don't like being busy in the afternoon. They prefer to relax. They usually go to sleep in the evening at around 10:00 pm. **Wolves** like getting up late and have lots of energy at night. They find it easy to study late at night, but they don't like mornings. Over 50% of people are **bears**. They wake up when it gets light and rest when it gets dark. It's difficult for them to work right after lunch because they want to sleep. **Dolphins** are a small group of people – around 10% of the population. They aren't good at sleeping so they're often tired and unhappy.

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5 Read the article and tick (✓) the best description (1, 2 or 3).

1 It's an article about the best way for different types of people to sleep and work. ☐

2 It's an article about how different animals and humans usually sleep. ☐

3 It's an article about how people have different sleep types. ☐

Score: /1

6 Read the article again. Are the sentences T (true) or F (false)?

1 Under 10% of American high school students get the right amount of sleep. T / F

2 Most teenagers in Australia sleep for more than 7.5 hours a night. T / F

3 Olivia Arezzolo is an Australian who knows a lot about sleep. T / F

4 Lions don't like mornings. T / F

5 Wolves aren't good at studying late at night. T / F

6 More than half of people are bears. T / F

7 It isn't difficult for dolphins to sleep. T / F

Score: /7

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