I. Look at the words in the box and write the suitable word for each picture.

| get some sleep | eat fruit and vegetables | eat fast food | drink soda | healthy | unhealthy |

1.

2.

3.

4.

5.

6.

II/ Choose the best option

1. I drink ------------ orange juice every morning.

2. My mother eats ------------ fruit after lunch.

3. She doesn't eat ------------ meat.

4. My sister bought ------------ oranges and apples yesterday.

5. I don't do ------------ exercise so I am getting fat.

6. We ------------ drink ------------ water every day.

7. We ------------ eat ------------ vegetable and fruit. It's good for our health.

8. You ------------ do morning exercise to be healthier.

9. We ------------ eat fresh food.

10. They ------------ get some rest now.

11. You ------------ drink ------------ beer. It isn't good for your health.

12. We ------------ eat ------------ fast food.

13. They ------------ **t** play online games ------------ more. It can be addictive.

14. ------------ I eat fast food? No, you ------------.

15. ------------ I sleep more? Yes, you ------------.

16. ------------ I do morning exercise? Yes, you ------------.

17. What ------------ I do to keep my body fit?

LIVEWORKSHEETS