

1 Find and circle the words. Then write.

A	P	J	J	U	N	K	F	O	O	D	P	L
E	A	D	A	Y	F	I	T	K	E	E	P	
S	T	H	E	X	E	R	C	I	S	E	E	
U	H	E	A	L	T	H	Y	O	C	T	O	
B	A	L	A	N	C	E	D	D	I	E	T	
R	A	W	U	N	H	C	A	L	T	I	I	Y
A	U	N	F	I	T	Y	R	E	L	A	X	



healthy



eat _____

do _____

eat a _____



What's the hidden message?

An _____.

2 Look at Activity 1. *Healthy* and *unhealthy* make a pair. Can you find three more pairs?1 _____ 2 _____ 3 _____

3 Complete the sentences.

get have feel buy

- 1 He's eating more fruit to have a healthy diet.
- 2 You're doing exercise to feel healthier.
- 3 I think I'll go to the fishmonger's to buy some squid.
- 4 The children are going for a walk to get some fresh air.

4 Think and complete the sentences for you.

- 1 I go to school to _____.
- 2 I would like to go to the wildlife park to _____.
- 3 I learn English to _____.
- 4 I don't eat junk food to _____.