

1 Find and circle the words. Then write.

A	P	J	U	N	K	F	O	O	D	P	L
E	A	D	A	Y	F	I	T	K	E	E	P
S	T	H	E	X	E	R	C	I	S	E	E
U	H	E	A	L	T	H	Y	O	C	T	O
B	A	L	A	N	C	E	D	D	I	E	T
R	A	W	U	N	H	E	A	L	T	H	Y
A	U	N	F	I	T	Y	R	E	L	A	X



healthy



eat



do



eat a



What's the hidden message?

An

2 Look at Activity 1. Healthy and unhealthy make a pair. Can you find three more pairs?

1 _____ 2 _____ 3 _____

3 Complete the sentences.

get have feel buy

- He's eating more fruit to have a healthy diet.
- You're doing exercise _____ healthier.
- I think I'll go to the fishmonger's _____ some squid.
- The children are going for a walk _____ some fresh air.

4 Think and complete the sentences for you.

- I go to school to _____.
- I would like to go to the wildlife park to _____.
- I learn English to _____.
- I don't eat junk food to _____.