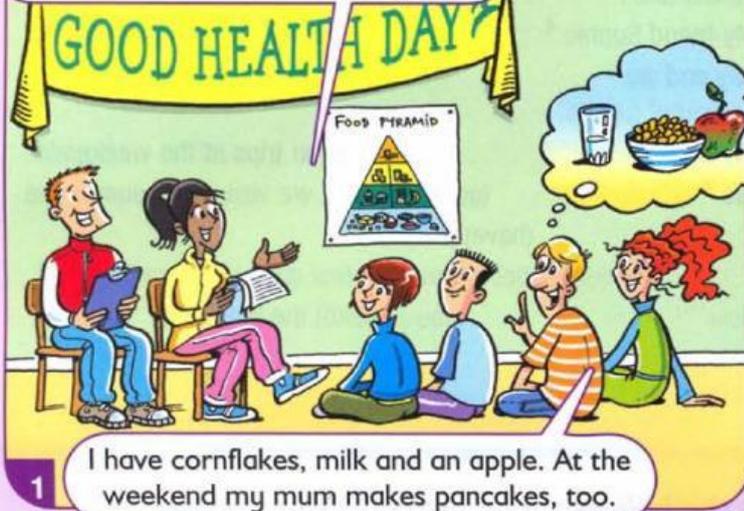


8

Present simple, adverbs of frequency

A good, healthy breakfast is important. For example, what do you usually have for breakfast, Harry?



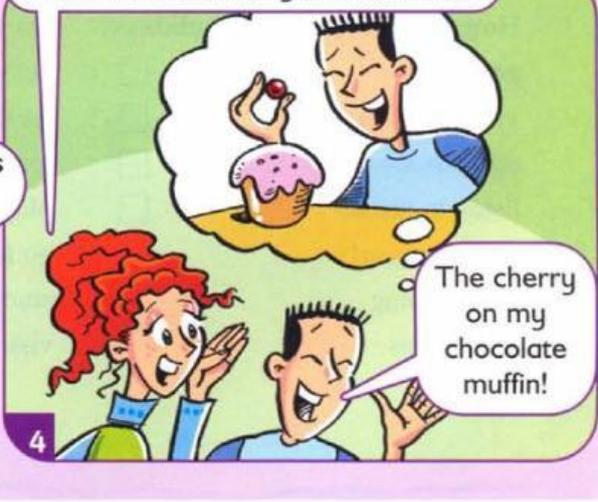
Very good! What about you, Beth?



Excellent! Peter?



Fruit? What fruit do you eat, Peter?



1 Complete the table.

Adverbs of frequency		
always	<input type="text"/>	I always have breakfast in the morning.
usually	<input type="text"/>	I have cornflakes.
often	<input type="text"/>	My mum makes pancakes.
sometimes	<input type="text"/>	I have milk.
never	<input type="text"/>	I eat fruit.

2 Read the information.

Adverbs of frequency

- We often use **adverbs of frequency** with the present simple to say how often something happens.
- Adverbs of frequency come before the main verb.
Positive: I **always** get up early.
Negative: We **don't usually** go out on Fridays.
Question: What do you **usually** do on Saturdays?
- They come after the verb *be*.
Positive: We **are never** late for school.

Negative: They **aren't usually** busy on Sundays.

Question: Is your dad **always** tired after work?

Time expressions

- **Time expressions** with more than one word come at the beginning or end of the sentence.
Once a month Jon visits his aunt.
I meet my friends at the sports centre **three times a week**.
We go to the cinema **on Sundays**.
I get up at 7.30 **every day**.

3 Complete the questionnaire.

TeenLink

How healthy are you?

- | | | | |
|------------------------------------|-----------|-------------|-------------|
| 1 I eat breakfast in the morning. | A always | B often | C sometimes |
| 2 I eat in a fast food restaurant. | A often | B sometimes | C never |
| 3 I walk to school. | A usually | B sometimes | C never |
| 4 I watch TV in my free time. | A always | B usually | C never |
| 5 I have dinner after eight. | A always | B sometimes | C never |
| 6 I go to bed early on weekdays. | A always | B usually | C never |

4 Now write your answers to the questionnaire in Exercise 3.

- I breakfast in the morning.
- I in a fast food restaurant.
- I to school.
- I in my free time.
- I after eight.
- I on weekdays.

5 Complete.

- 1 Harry *doesn't always have* cornflakes for breakfast. (not have / always)
- 2 Peter and Lucy pancakes in the morning. (not eat / usually)
- 3 I late for school. (be / never)
- 4 My mum shopping on Fridays. (not go / always)
- 5 We jeans. (not wear / often)
- 6 Mrs Green busy on Saturdays. (not be / always)
- 7 In my country, it in the summer. (not rain / usually)
- 8 Sally late. (not get up / often)

6 Look and write questions and answers.

	always	usually	often	sometimes	never
Harry			walk to school		
Peter				eat fruit	
Beth					late for school
Lucy			go to the zoo		
Cosmo	eat a lot				
Izumi					get up late

- 1 Harry / walk to school / often?
Does Harry often walk to school? *Yes, he does.*
- 2 Peter / eat fruit / always?
Does Peter always eat fruit? *No, he sometimes. He never eats fruit.*
- 3 Beth / late for school / usually?
.....
- 4 Lucy / go the zoo / often?
.....
- 5 Cosmo / eat a lot / always?
.....
- 6 Izumi / get up late / sometimes?
.....

7 Put the expressions in the correct place.

- 1 I eat burgers. (never) *I never eat burgers.*
- 2 My brother eats burgers. (once a week)
- 3 My dad plays golf. (every weekend)
- 4 My mum plays tennis. (sometimes)
- 5 What time do you have lunch? (usually)
- 6 What time do you have supper? (on Saturdays)
- 7 Do you go to the sports centre? (often)
- 8 Does your brother go to the sports centre? (twice a week)

