

Read the article and check the ideas that are TRUE

- ☐ They have a big family.
- ☐ They aren't in a hurry.
- ☐ They sleep eight hours.
- ☐ They have pets.
- ☐ They hardly ever eat meat.
- ☐ They hardly ever take medicine.
- ☐ They often go to the doctor.
- ☐ They work outside.
- ☐ They often see friends.

In which places are these things important?

- 1 a special kind of water _____
- 2 a special kind of food _____
- 3 the weather _____
- 4 being positive _____

I am ALWAYS
NEVER
SOMETIMES
HARDLY VS I ALWAYS
NEVER
SOMETIMES
HARDLY

adj

tired at the end of the day.
sleepy in class
late for class
sick
stressed
hungry at midnight
upset
awake after 11:00 pm
arritated

verbs

drink coffee
walk
smoke
eat fastfood
eat candies / bread
drink sodas / liquour
eat read meat / fish
have cereal for breakfast
skeep meals
go to bed late
have headaches