SMP ISLAM AL AZHAR 52 BENGKULU

CLASS 8

LEMBAR KERJA PESERTA DIDIK

IDENTIFYING FOOD SUBSTANCES

NAMA ANGGOTA KELOMPOK:

CLASS

LIVEWORKSHEETS

Purpose : Identifying Food substances

Day and Date :

INSTRUCTION

1. Students form groups to discuss
2. Students identify the number of calories of food
3. Students group the content of substances contained in food
4. Students do it with reference book packages and search the internet

SUB- SUBJECT : FOOD DIGESTIVE SYSTEM

RESULT OF OBSERVATIONS :

1. Group the foods you eat at breakfast and group them by the substances contained
2. Count the number of calories that have entered the body at breakfast

LIVEWORKSHEETS

OBSERVATION TABLE

NO	TYPES OF FOOD	CARB OHYD RATE	PROTEIN	FAT	VITAMIN	TOTAL CALORIES
1						
2						
3						
4						
TOTAL CALORIES :						

CONCLUSION :

LIVEWORKSHEETS