

SMP ISLAM AL AZHAR 52 BENGKULU

CLASS 8

# LEMBAR KERJA

## PESERTA DIDIK

IDENTIFICATION OF ADDITIVES IN  
FOOD AND BEVERAGES PACKAGING



NAMA ANGGOTA KELompOK:


CLASS





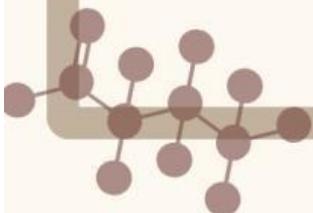
Purpose : Identifying Additives in Food and Beverage Packaging  
Day and Date : [Redacted]

## TOOLS AND MATERIALS

- 1. Instant noodle packaging
- 2. Candy packaging
- 3. Potato chips packaging
- 4. Pop ice packaging
- 5. Nutrisari packaging

## WORKING STEPS

- 1. Prepare 3 types of food and 2 types of packaged drinks
- 2. Read the composition of the food and beverage ingredients listed on the package
- 3. Write on the table the additives of the packaging
- 4. Determine whether the additives is natural or artificial

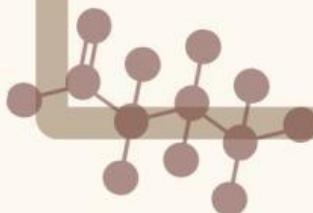




## OBSERVATION TABLE

Additives		Instant noodle	Candy	Potato Chip	Pop Ice	Nutrisari
Sweetener	Artificial					
	Natural					
Flavorings	Artificial					
	Natural					
Dye	Artificial					
	Natural					
Preservatives	Artificial					
	Natural					

NOTE : CHECK MARK





## DISCUSSION

The foods and drinks that contain the most artificial additives are

What are the widely used artificial flavorings from packaging you observe ?

What are the consequences if you consume excessively these foods and drinks ?

