

THE
LORD
IS MY
LIGHT



AND MY
SALVATION
WHOM SHALL I FEAR?
PSALM 27:1

Grade 1-2

www.smfsus.org

LIVE WORKSHEETS

HIS HOLINESS POPE TAWADROS II



**118TH POPE OF ALEXANDRIA AND
Patriarch of the See of Saint Mark**



The Lord is My Light and My Salvation

Table of Contents

	Page
St. Mark Festival Anthem- The Lord is My Light and My Salvation	2
The Lord is My God – Our Lord the Great Creator	3
The Lord is a Light to Our Path – St. Mark the Apostle	6
The Lord is My Salvation – St. Joseph the Carpenter	10
The Lord is My Refuge – The Church Building and its Meaning	14
The Lord is My Peace – St. Theognosta	17
Memorization	20
Coptic	21
Hymns & Rituals	26

Visit the St. Mark Festival's website at www.smfsus.org
to find the material for the festival and
for guidelines and information on the tests



The Lord is My Light and My Salvation

St. Mark's Festival 2024 Anthem

Our God is eternal
Pantocrator, The Logos

All generations witness for Him
Tells of His might and His wonders

We're peaceful in His promises
We live by His commandments

Our Church fathers and martyrs
A life of Sacraments

My faith and my doctrine are glory
The Lord is my light and my salvation

Our God is One in Three
Redeemer and Holy x2

His creation gives Him praise
How this world His hands have made

Guided by His teachings
We seek Him and His blessings

Kept Tradition to this day
My Church unique and firm in faith

Unchanging the teachings and Holy
The Lord is my light and my salvation



The Lord is My God

Our Lord the Great Creator

Learning about God teaches us about the Lord of Heaven and Earth.

God the Creator

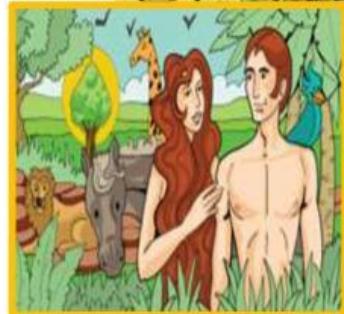
God has qualities that no one else has:

- God created light
- God divided the light from the darkness
- God created heaven with its beautiful colors
- God created trees and plants
- God created the sun, the moon, and the stars
- God created fish and birds
- God created animals and humans



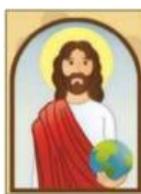
God created man in His own image in a special way. He created man in the image of God. He formed man from the dust of the ground and breathed into his nostrils the breath of life. Then God took one of Adam's ribs and formed Eve. God is the only Creator. He created everything and He is the giver of life.

**"Who is God, who formed the earth and made it,
Who has established it" (Isaiah 45:18)**



The Man Born Blind (John 9)

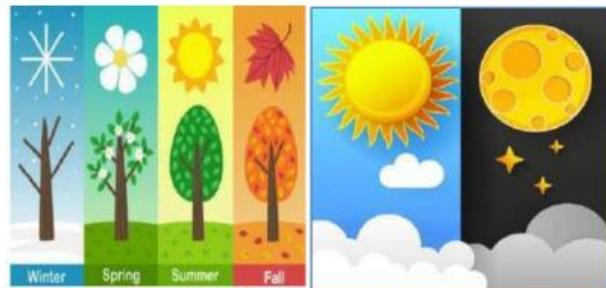
One day our Lord Jesus Christ was walking with His disciples. He saw a man who was born blind. The blind man was sitting at the gates begging. Our Lord Jesus Christ spat on the ground and made clay, then He put it in the place of the eyes of the man and asked him to wash in the pool of Siloam. He went to the pool, washed his eyes, and came back seeing. God created eyes for him from the dust of the ground, just like He created Adam.



Our Lord Jesus Christ is the **Creator of everything**.

God created everything with amazing order; no one can ever change anything in creation without God's permission.

- The year has 4 seasons, and they come in a certain order: first comes winter, then spring, then summer, and then fall.
- Nighttime is always followed by daylight.



Only God can control everything.

The Miracle of Stopping the Sun (Joshua 10)

Joshua led the people of God to Canaan (the Promised Land). The people of Gibeon told Joshua that 5 kings were planning to fight them. The people of Gibeon asked Joshua to help them. God told Joshua not to fear and fight the kings.

Not only did God help Joshua to defeat the kings and chase their armies away, but God also allowed heavy hailstones (ice) to fall from the sky on the enemies.



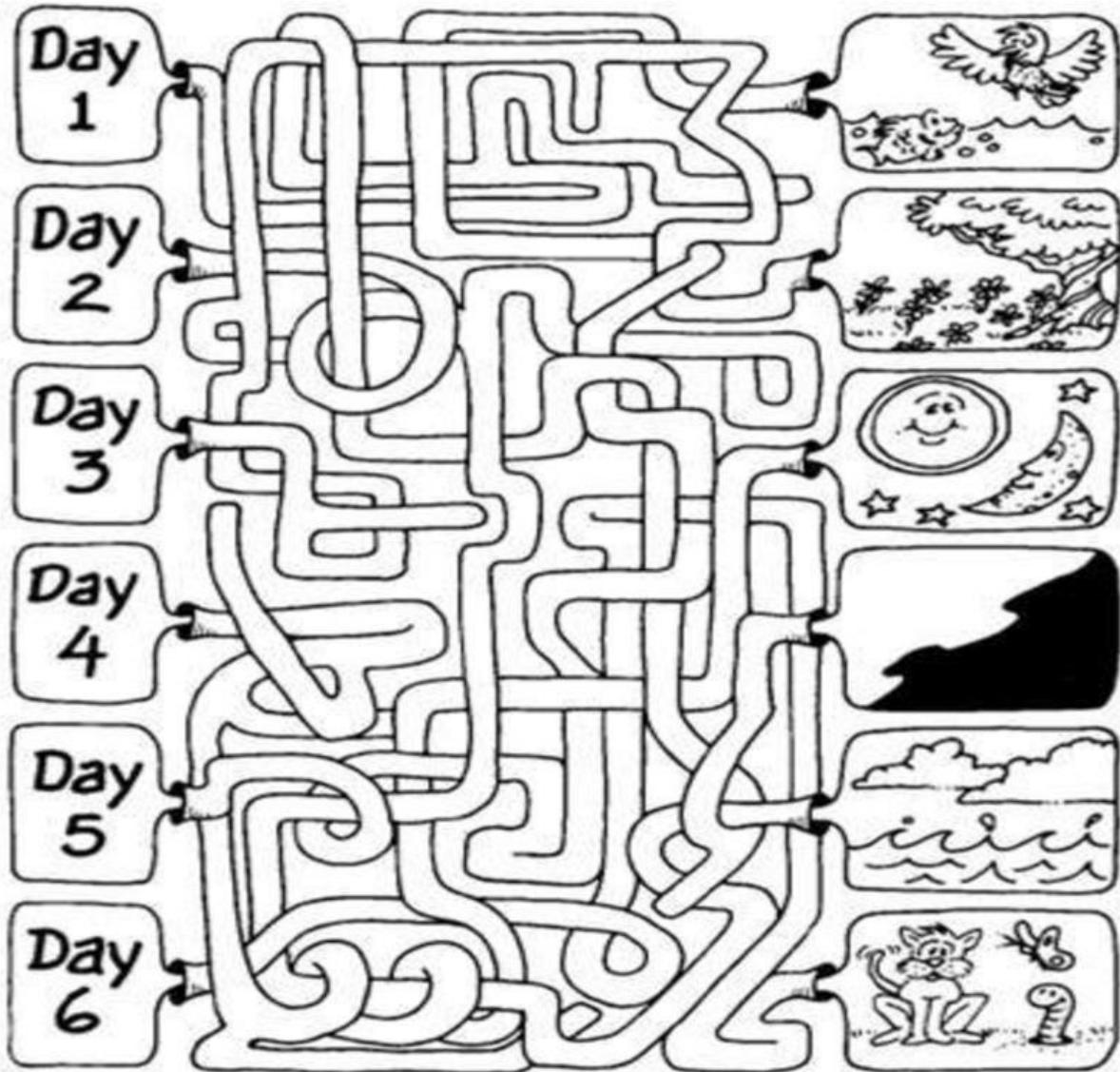
Joshua prayed to God to stop the sun in the sky from going down. With God's permission, the sun stood still over Gibeon until the war ended.

God is the Creator of everything.

Only God can stop the sun because He created it.

Activity In the Beginning

Read Genesis 1:1-25. Starting with Day 1, find the correct path through the maze to the things that God created on that day.



“Who created the Heavens, who is God,
who formed the earth and made it” (Isaiah 45:18)

The Lord is a Light to Our Path

St. Mark the Apostle

The Synaxarion of the 30th day of the Coptic Month of Parmoute (May 8)

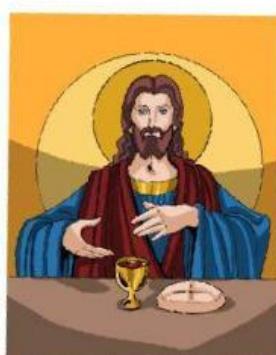
Learning how St. Mark faithfully brought the faith and knowledge of God to Egypt teaches us that God is light to our path.

The name Mark means hammer. He was born in Cyrene from a very wealthy Jewish family who educated him well. His mother's name was Mary, and his father's name was Aristopolus. He returned to Jerusalem with his family where he met our Lord Jesus Christ. He accepted the faith and became one of the 70 apostles.

St. Mark received the faith from our Lord Jesus Christ and witnessed many miracles. The Coptic Orthodox Church calls him:

- 1- The Beholder of God (Witness of God)
- 2- The Evangelist
- 3- The Apostle

Mary the mother of St. Mark served our Lord Jesus Christ. The Lord Jesus Christ established the Sacrament of Eucharist (Communion) in her house, in the upper room. Her house became the first Christian church in the world.



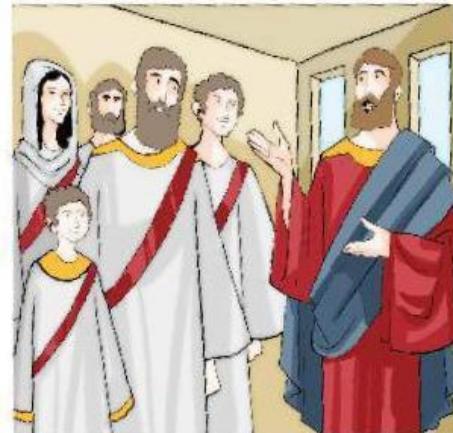
Also, after the Ascension of our Lord Jesus Christ, the Holy Spirit came upon the disciples in the house of the mother of St. Mark. Then they began preaching in Jerusalem and many other places.

St. Mark performed many miracles in the name of our Lord Jesus Christ. He talked to many people about the Lord Jesus Christ, teaching them the faith, and how the Lord is the light to our life.

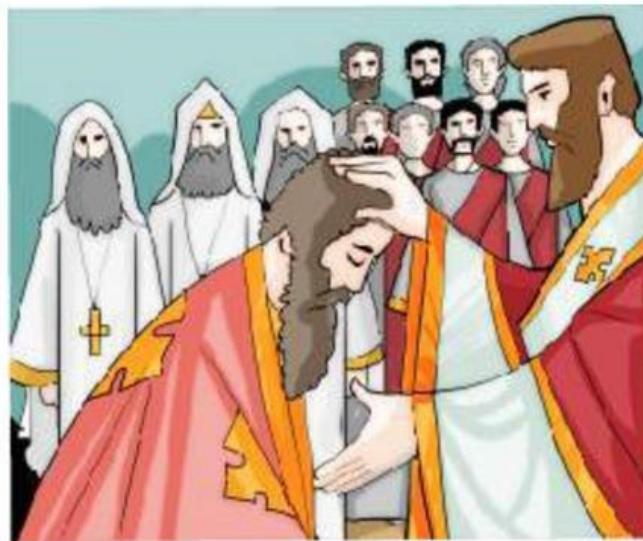
St. Mark went to preach in the city of Alexandria. When he entered the city, his shoe was torn. He went to a shoemaker in the city, named Anianus to repair it. While he was repairing his shoe the tool pierced his finger. Anianus shouted "O, ONE GOD." When St. Mark heard these words, he took this chance to talk to him about the One God. St. Mark prayed, and the wound was healed immediately.



Anianus believed in the Lord Jesus Christ and the faith. St. Mark baptized him and his family in the name of the Father, and the Son, and the Holy Spirit. This was the beginning of Christianity spreading in Egypt.

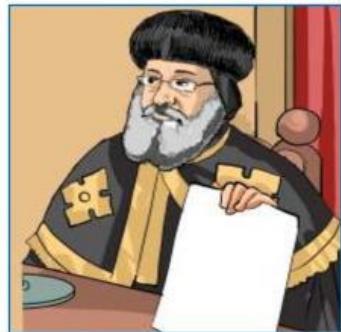


St. Mark established the first church in Egypt. He ordained St. Anianus a bishop as well as 3 priests and 7 deacons for the city of Alexandria in Egypt. Then the church began to grow each day.





1- St. Mark is the 1st Pope of Alexandria: The same faith St. Mark received from the Lord Jesus Christ he passed down to every pope after him.

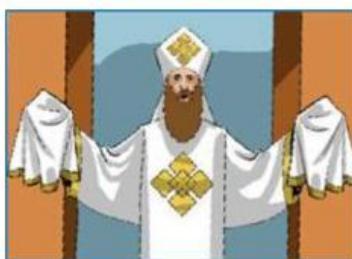


Today, **Pope Tawadros, the 118th Pope** continues with the same faith. That's why the Pope is named on the **See of St. Mark.**



2- He established the Theological School of Alexandria:

To teach the entire world about God.



3- He wrote the Holy Liturgy: one of the oldest liturgies of the church.



4- He wrote one of the 4 gospels, The Gospel of St. Mark.



St. Mark was a light to everyone around him by teaching others about God in the land of Egypt. He is called '**The Preacher of Egypt.**'

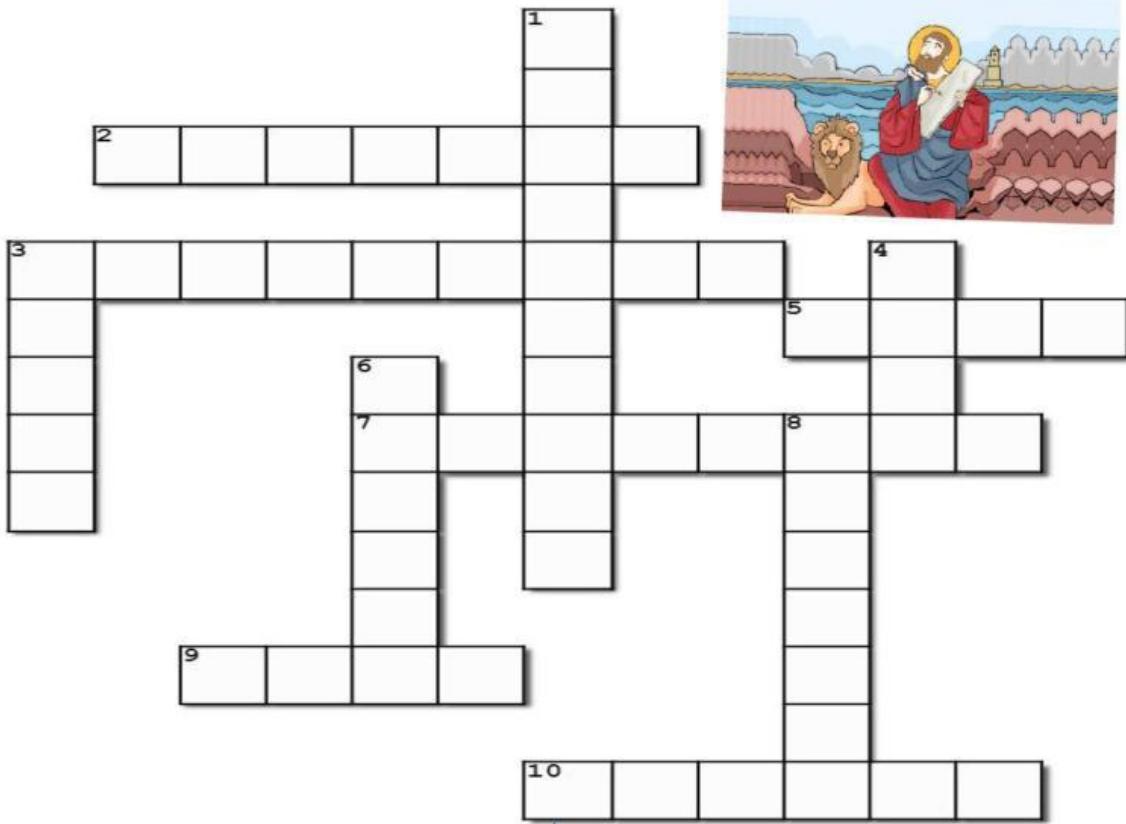
He also taught others about the Lord Jesus Christ by writing the Gospel. This is why He is called an '**evangelist.**'

It is our turn and duty to keep the faith unchanged as we received it just like St. Mark.

May the prayers of St. Mark be with us all.

"Keep the traditions just as I delivered them to you"
(1 Corinthians 11:2)

Activity St. Mark



Across

2. The name of the shoemaker St. Mark met.
3. What sacrament was established in the upper room?
5. How many gospels are there?
7. He became one of the 70 _____.
9. The name of the St. Mark's mother.
10. What did St. Mark do to heal Anianus' wound?

Down

1. 'Keep the _____ just as I delivered them to you' (1 Corinthians 11:2)
3. St. Mark is called 'The Preacher of _____'.
4. St. Mark was the 1st _____ of Alexandria.
6. What does the name Mark mean?
8. Other than the Gospel, what did St. Mark write? The Holy _____

The Lord is My Salvation

St. Joseph the Carpenter

The Synaxarion of the 26th day of the Coptic Month of Epep (August 2)

Learning about the role of St. Joseph in the story of salvation teaches us that God is our Salvation.

God loved man before creating the world and made him in His image. After Adam and Eve sinned, they and all their children were separated from God and their nature was corrupted. They needed someone to save them and renew their corrupted nature. God promised man that He will be born from a virgin to redeem him. Many prophets wrote about it.



When the time came for God to fulfill His plan, there was a girl named Mary who was born to Anna and Joachim. Her parents took her as they promised and dedicated her to the temple.



She lived in the temple serving and loving God more and more every day. While St. Mary was in the temple, her parents departed. When she reached the age of 12, it was her time to leave the temple, but she had nowhere to go and no one to live with. God had a plan for St. Mary.



At that time Zacharias was the priest and he would be the one who will choose who will take care of St. Mary when she leaves the temple. God told Zacharias the priest to gather the staffs of 12 good men from the city and write their names on them. He placed them in the sanctuary and waited for a sign from God. The next day, the staff of St. Joseph grew some leaves, and a dove flew up and stood on top of St. Joseph. He was chosen by God to take St. Mary to live in his house and to take care of her.

St. Joseph was a simple man from Bethlehem who lived in Nazareth and worked as a carpenter until he became an honorable old man.

Archangel Gabriel appeared to St. Mary and announced that: **"You will conceive and bring forth a Son, and shall call His name Jesus."** (Luke 1:31)

St. Mary was surprised how this can happen without getting married. The angel told her: **"The Holy Spirit will come upon you, and the power of the Highest will overshadow you, therefore, also that Holy One who is to be born will be called the Son of God"** (Luke 1:35)



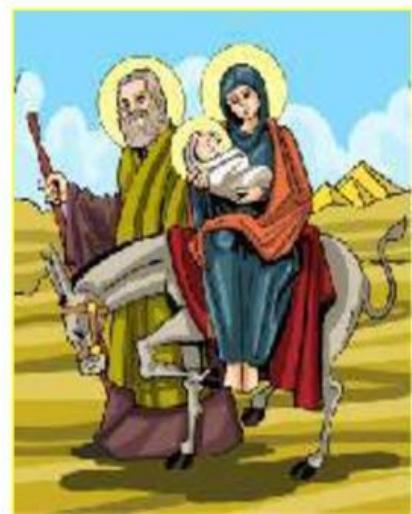
The Church commemorates the Annunciation to St. Mary on the 29th day of the Coptic month of Paramhotep every year (April 7).

After that, the angel also appeared to St. Joseph and told him that St. Mary **"will bring forth a son, and you shall call His name Jesus, for He will save His people from their sins"** (Matthew 1:21)

During that time, Caesar Augustus ordered that everyone should register their names and information in their home country. St. Joseph took St. Mary and travelled from Nazareth to Bethlehem. It was not easy for pregnant St. Mary to travel all the way to the other city; however, St. Joseph took good care of her. And when they reached Bethlehem, it was her time to have her baby. But the city was too crowded to find an empty place, so she had her baby in a manger among the animals.



Herod the king heard that the Lord Jesus Christ was born, and he got so troubled. He ordered all male children of two years and under to be killed. The angel appeared to St. Joseph and told him to **"Arise, take the young Child and His mother, flee to Egypt" (Matthew 2:13)** and to stay there until God tells him to return.



The Holy Family stayed in Egypt for about 4 years moving from place to place. When King Herod died, the angel told them that they could return to Nazareth.



The Church commemorates the day of St. Joseph's departure on the 26th day of the Coptic month of Epep every year (August 2).



St. Joseph the Carpenter

Put the events in order numbering them 1-6.

_____ St. Mary traveled with St. Joseph to Bethlehem.



_____ The Holy Family returned to Nazareth.



_____ Archangel Gabriel appeared to St. Mary.

_____ St. Mary was taken to the temple to serve God.



_____ Archangel Gabriel appeared to St. Joseph.



_____ The Holy Family fled to Egypt.