

FIT AND HEALTHY

Read and choose:



a) My brother **is** lazy.
do



b) I **drink** lots of sweets.
eat



c) My mother **does** to bed late.
goes



d) Paul **watches** lots of TV.
reads



e) My sister **eats** vegetables every day.
drinks



f) I **read** water at meals.
drink



g) Anna **watches** sport five times a week.
does



h) I **eat** to bed early.
go



i) They **are** active.
watch



j) She **does** a book before she goes to bed.
reads