PRACTICE 5

Read the text carefully in each question. For each question, choose the correct answer **A**, **B** or **C**.

Kasim's -Bistro-

- Sandwich
  bread, eggs, chicken, cucumber, lettuce, and tomatoes
- Nasi lemak
  rice, peanuts, anchovies, and spicy sambal
- Fried noodles
  noodles, egg, and chicken

1 Michael loves spicy food. What should he order?

A Sandwich
B Nasi lemak
C Fried noodles

2 The sign shows that

A the water is safe.
B visitors are welcome.
C no swimming is allowed.

How to Stay Healthy

- Drink plenty of water.
- Exercise regularly.
- Do not sleep late.
- Have a balanced diet.

3 Fatimah wants to stay healthy. She should

A drink soda.
B go to bed early.
C be a couch potato.

LIVEWORKSHEETS

Waitress: Hi there, can I help you?
Amin: Yes, can I have a burger, please?
Waitress: I'm sorry, but it's not available right now.
Amin: I see. Can I have a plate of chicken rice then?
Waitress: Sure. What would you like to drink?
Amin: I'll have a soda.
Waitress: Anything else?
Amin: That's all. Thanks.

4 Which of the following is Amin not having?

A Soda
B Burger
C Chicken rice

What's a Healthy Diet?

There are many diets practised by different types of people. Instead of following a popular diet, we should focus on a diet that keeps our bodies healthy. A healthy eating diet:

- places importance on eating fruit and vegetables
- includes a variety of protein food such as seafood, eggs, and nuts
- is eating moderately

5 Sunny is practising a healthy diet. She should

A only eat seafood.
B eat plenty of fruit.
C eat in large amounts.

LIVEWORKSHEETS

PRACTICE 6

Read the text carefully in each question. For each question, choose the correct answer **A**, **B** or **C**.

Tour de France is the most famous bicycle race. It is an annual men's event. It mostly takes place in France, but occasionally passes through neighbouring countries. This race is known as the most difficult bicycle race. The race is usually held around July and covers 3,500 kilometers.

1 Which of the following statements is true? HOTS

A The race is held every year.
B The race is held in France only.
C Men and women can join the race.

Anis: Hi, Siew Ming. How are things?
Siew Ming: Hi, Anis. Great, thanks. How was your weekend?
Anis: It was good. I went to the museum to see the Van Gogh exhibition.
Siew Ming: Really? Was it interesting?
Anis: Yes, it was. The paintings are so beautiful. I learned a lot about Van Gogh too.
Siew Ming: That sounds amazing. Who were you with?
Anis: I went with my mum.

2 Who went to the Van Gogh exhibition?

A Anis and her mum
B Anis and Siew Ming
C Siew Ming and her mum

3 A badminton game is played

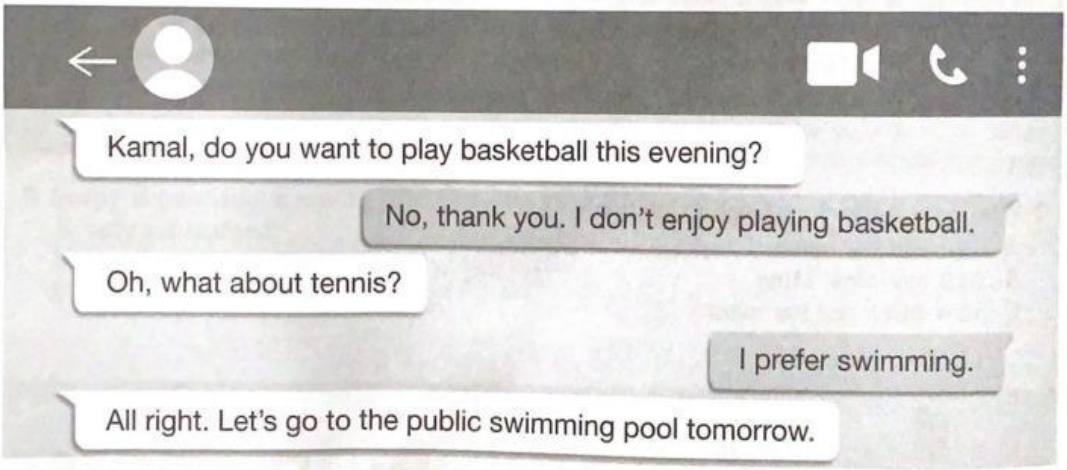
A by two players only.
B on a badminton court.
C using rackets and a ball.

LIVEWORKSHEETS

Meet Malaysia's First Olympic Skater

Julian Yee Zhi Jie started ice skating at the age of four. He competed in many ice skating competitions. Julian was forced to train overseas because there was a lack of experienced coaches and facilities in Malaysia. All his hard work paid off when he qualified for the 2018's Winter Olympics in the Men's Figure Skating category. His story has inspired many and Samsung even made a short film about him.

4 Based on the article, Julian
- **A** is an ice skater.
- **B** trained in Malaysia.
- **C** won a gold medal in the Olympics.



5 Which sport does Kamal enjoy?
- **A** Tennis
- **B** Basketball
- **C** Swimming

LIVEWORKSHEETS

PRACTICE 4

A. Read the text below and choose the correct word for each blank. For each blank, choose the correct answer **A**, **B** or **C**.

Studying Smarter

Do you want to study smarter instead of harder? Here are **(1)** _____ tips on learning and how to do well in class.

Firstly, you should always **(2)** _____ attention in class. Listen to your teacher during class so that you do not miss anything important. Secondly, you should take notes. **(3)** _____ notes in class will help you remember the lesson better. Thirdly, you should ask questions when you do not understand something. You can ask for help from your friends, teachers or parents. Lastly, you should revise what you have learned at home. When you are **(4)** _____ at home, remember to take breaks. By doing so, you will be able to focus better.

1	**A** any	**B** much	**C** some
2	**A** pay	**B** pays	**C** paying
3	**A** Take	**B** Takes	**C** Taking
4	**A** study	**B** studies	**C** studying

B. Read the text below and choose the correct word for each blank. For each blank, choose the correct answer **A**, **B** or **C**.

Train Platform School

In India, there are train platform schools. A train platform is where you wait **(1)** _____ a train inside the train station. The train stops at the platform to let people on and off. Then, the train moves on **(2)** _____ way to the next station.

India has a lot of train platforms as many people use the train to **(3)** _____. Many poor people live near train platforms. They have children but are not able to send them to school. Inderjit, a teacher, wanted to help these children **(4)** _____ school so she started a train platform school. As more children joined the train platform school, she hired more teachers and opened more schools on different train platforms.

1	**A** in	**B** to	**C** for
2	**A** its	**B** his	**C** their
3	**A** move	**B** ride	**C** travel
4	**A** visit	**B** come	**C** attend

LIVEWORKSHEETS

PRACTICE 5

Read the text below and answer the questions that follow. For each question, choose the correct answer **A**, **B** or **C**.

Egg Sandwiches

Hi, everyone. The weather has been sunny lately, which means it's the perfect time to have a picnic. Let me share with you my favourite food for a picnic–egg sandwiches!

It's really easy to make egg sandwiches. All you need are bread, eggs, mayonnaise, butter, salt and black pepper.

Firstly, you should boil the eggs. When the eggs are cooked, peel and mash them. Then, add salt, black pepper and mayonnaise. Spread butter over two slices of bread before adding the egg mixture between them. After that, it's ready to be eaten. Yummy!

I hope you enjoy the recipe. Join me next month for more simple recipes.

1 Why does the writer think now is the perfect time for a picnic?
- **A** The weather is sunny.
- **B** The writer wants to eat her favourite food.
- **C** The writer has an egg sandwich recipe to share.

2 What is the writer's favourite picnic food?
- **A** Boiled eggs
- **B** Egg sandwiches
- **C** Bread with butter

3 Which ingredient do you **not** need to make the recipe?
- **A** Bread
- **B** Cucumber
- **C** Mayonnaise

4 What should you do after boiling the eggs?
- **A** Peel them
- **B** Mash them
- **C** Add salt and black pepper

5 Based on the recipe blog, we should _____. HOTS
- **A** spread mayonnaise on the bread
- **B** add salt and sugar to the mashed eggs
- **C** spread butter on the bread before adding the egg mixture

LIVEWORKSHEETS

PRACTICE 4

Read the texts about three different opinions on school subjects. For each question, choose the correct person (**A, B** or **C**) that fits the description.

A	**Aini** I'm really good at history. I enjoy learning about what happened in the past. By learning about the past, I learn how events in the past made things the way they are today. Besides that, I learn from the past so that I do not repeat the same mistakes that were made then.
B	**Selina** My favourite subject is science. I love going to the school laboratory to carry out experiments. Carrying out experiments is really fun. When carrying out experiments, I learn to think logically. Science also helps me understand the world around us.
C	**Lee Yin** English is my favourite subject. I think it's fun and useful to learn a new language. English is used in many parts of the world, so I can use it to communicate with people around the world. I also love to read and write stories. I want to become a writer when I grow up.

A	Aini
B	Selina
C	Lee Yin

0	I learn about things that happened in the past.	A
1	My dream is to be a writer.	
2	Carrying out experiments is fun.	
3	I learn about the past to avoid making the same mistakes.	
4	It's interesting how past events affect the world we live in.	
5	I can use it to communicate with people from other parts of the world.	
6	This subject helps me think logically.	

LIVEWORKSHEETS

PRACTICE 5

Read the texts about three different accounts on breakfast. For each question, choose the correct person (**A, B** or **C**) that fits the description.

A	**Chee Meng** I always have breakfast with my family at home before going to school. I usually have eggs and toast, but sometimes I eat cereal too. I try not to eat cereal too often because it has a lot of sugar. Eating a lot of sugar is not good for health.
B	**Hassan** I do not eat breakfast before going to school. I think it's too early to eat and I don't feel hungry. However, I always make sure to at least have a hot drink so I have energy until lunchtime. It's important that I have the energy to focus during lessons.
C	**Siva** My family and I usually have breakfast at home, but sometimes we go out to eat. At home, we usually have toast and jam. Sometimes Mum would make nasi lemak. My favourite breakfast is nasi lemak, but I can't eat it too often because there's a lot of oil and salt in it.

A	Chee Meng
B	Hassan
C	Siva

0	My family and I sometimes go out for breakfast.	C
1	I'm not hungry before I go to school.	
2	I usually have toast and jam for breakfast.	
3	Eating too much cereal is bad for me.	
4	I always have breakfast with my family at home.	
5	I only have a hot drink before I go to school.	
6	I love nasi lemak but it contains a lot of salt and oil.	

LIVEWORKSHEETS

PRACTICE 3

A. Read the description of some words about animals. What is the word for each one? The first letter is already there. There is one space for each letter in the word.

0	This animal can live on land and in water.	f r o g
1	People ride this animal in the desert.	c _ _ _ _
2	This animal is very tall and has a long neck.	g _ _ _ _ _ _
3	It is an insect with colourful wings.	b _ _ _ _ _ _ _ _ _
4	This animal lives in the sea and has eight legs.	o _ _ _ _ _ _
5	An animal that is strong, big and has a long nose.	e _ _ _ _ _ _ _

B. Read the description of the skills that some animals have. What is the word for each one? The first letter is already there. There is one space for each letter in the word.

0	When an animal moves through the air using its wings.	f l y
1	When an animal goes up and towards the top.	c _ _ _ _
2	When an animal can continue to live during a dangerous event or time.	s _ _ _ _ _ _
3	When an animal makes something or somebody die.	k _ _ _
4	When an animal moves quickly off the ground or away from a surface by pushing itself with its legs and feet.	j _ _ _
5	When an animal shares or exchanges information or shows its feelings.	c _ _ _ _ _ _ _ _ _ _

LIVEWORKSHEETS

PRACTICE 8

You saw a brochure for a cruise holiday. Write an email to your friend, Lucy, to tell her about the cruise holiday and invite her to go with you.

Write an **email** to Lucy in about **60–80** words. HOTS

To:	lucy@zmail.com
Subject:	Raven Dream Cruise

LIVEWORKSHEETS