

At the beginning of every year, I make a “bucket list” of 100 things I would like to do. These are some of them. You can probably do them in your country – you don’t need to travel.

- Put a secret in a balloon and let it fly away.
- Go on vacation with my best friend.
- Take a photo every day for a year.
- Learn to windsurf.
- 05 • Ride a horse on the beach.
- Learn to play the guitar.
- Learn a new language.
- Read one book every week.
- Run through a field of flowers.
- 10 • Learn to dive and take underwater photos.
- Go for a walk in the summer rain.
- Go to a festival or an outdoor concert.
- Explore my hometown.
- Do karaoke.
- 15 • Make my best friend's dream come true.
- Do something that scares me.
- Make all the recipes in a cookbook.
- Get in a taxi and shout “follow that car.”