

# 1

# NEW YEAR, NEW CHALLENGE

## ABOUT YOU

What are your aims and ambitions at school this year?  
Which subjects do you like the most?

## VOCABULARY Education: phrasal verbs

- 1 Do the quiz below. Compare your answers in pairs.
  - 2 >> Turn to page 120 and check your results. Who feels the most optimistic about the new school year? Why?
  - 3 Match the **phrasal verbs** in the quiz to the meanings.
- EP 0 say the words of a text aloud *read out*
- 1 remain while others leave
  - 2 do an activity with others
  - 3 distribute something to people
  - 4 do something to see if you like it
  - 5 give written work to a teacher
  - 6 decide to do something later
  - 7 finish classes at the end of term *break up*
  - 8 make progress
  - 9 write something so you don't forget it
  - 10 be accepted into a group or team
  - 11 try to get or achieve something
  - 12 understand something

01 4 Listen to two people talking about the quiz. Answer the questions.

- 1 Whose first day back was the most difficult? Why?
- 2 Who is the most enthusiastic about doing the quiz?
- 3 What did Sophie learn from the quiz?
- 4 Who feels the most optimistic about the new school year?

01 5 Listen again. What are Niall's and Sophie's answers to the quiz?

1 Niall - a Sophie - b

6 Complete the questions with the correct form of the **phrasal verbs** from the quiz. Then ask and answer the questions.

- 1 What happens if you \_\_\_\_\_ homework late at your school?
- 2 Do you ever have to \_\_\_\_\_ your work aloud in front of the whole class?
- 3 Are you generally good at \_\_\_\_\_ solutions to problems by yourself?
- 4 Do you ever have to \_\_\_\_\_ after class? Why?
- 5 Is there a party or celebration at school when you \_\_\_\_\_ for the holidays?
- 6 Do you like \_\_\_\_\_ group activities or do you prefer doing things independently?
- 7 Have you \_\_\_\_\_ to any teams this year?
- 8 Do you like \_\_\_\_\_ new experiences or do you tend to stick with what you know?

## READING

1 Read the first paragraph of the article on page 11. What is a *mindset*?

2 Read the whole article and tick (✓) the areas of life that your mindset can affect.

- |  |   |
|--|---|
| a <input type="checkbox"/> success at work | d <input type="checkbox"/> education          |
| b <input type="checkbox"/> health          | e <input type="checkbox"/> attitude to sports |
| c <input type="checkbox"/> friendships     |   |

## BACK-2-SCHOOL

Are you the type of person who's into every challenge and new opportunity? Or do you take a more independent, chilled-out approach to life?

DO OUR QUIZ AND FIND OUT!



10 UNIT 1

- 1 It's the start of the school year. You ...
  - a can't wait until you **break up** for the next holidays.
  - b feel optimistic - you think you'll **get on** well this year.
- 2 Your teacher **reads out** some information about an exam. You ...
  - a **note down** all the details in case you forget them.
  - b don't do anything. You'll **figure it out** at the end of term.
- 3 You see a poster asking people to join the school swimming team. You ...
  - a don't bother trying. You know you won't **get in**.
  - b decide to **go for** it. It's a cool opportunity.
- 4 You are asked to fill in a form with some personal information. You ...
  - a agree and promise you'll **hand it in** soon.
  - b **stay behind** and complete it before you go home.
- 5 Your teacher **gives out** information about clubs and societies at school. You ...
  - a don't listen. You never **join in** after-school activities.
  - b are pleased. You can't wait to **try out** something new.
- 6 You have a lot of homework this week. You ...
  - a start right away - you never **put things off**.
  - b relax - there's plenty of time later in the week!

# 1

# NEW YEAR, NEW CHALLENGE

## VOCABULARY

### Education: phrasal verbs

#### 1 Match the beginnings and ends of the sentences.

- |                                       |               |  |
|---------------------------------------|---------------|--|
| 0 I enjoy trying                      | <u>  c  </u>  | a behind after school and do some extra work.  |
| 1 I think we break                    | <u>      </u> | b down all the details in your book.           |
| 2 Daniel hasn't handed                | <u>      </u> | c out new things.                              |
| 3 I'm going to go                     | <u>      </u> | d up for the summer on 6th June.               |
| 4 Don't put things                    | <u>      </u> | e out all the new assignments yesterday.       |
| 5 This year, I think I'm going to get | <u>      </u> | f in his homework yet.                         |
| 6 The swimming coach read             | <u>      </u> | g in the school football team this term.       |
| 7 I'm going to stay                   | <u>      </u> | h out the answer to this maths problem.        |
| 8 Our teacher gave                    | <u>      </u> | i out the names of everyone in the team.       |
| 9 I love joining                      | <u>      </u> | j off for too long or you might never do them. |
| 10 Don't forget to note               | <u>      </u> | k on well at school.                           |
| 11 If I play well, I'll get           | <u>      </u> | l in when someone starts singing.              |
| 12 I can't figure                     | <u>      </u> | m for the position of team captain.            |

#### 2 Complete the email with the phrasal verbs in the box.

break up    figure out    get in    ~~get on~~    give out    go for  
hand in    join in    note down    put off    stay behind    try out

Hi Sophia,

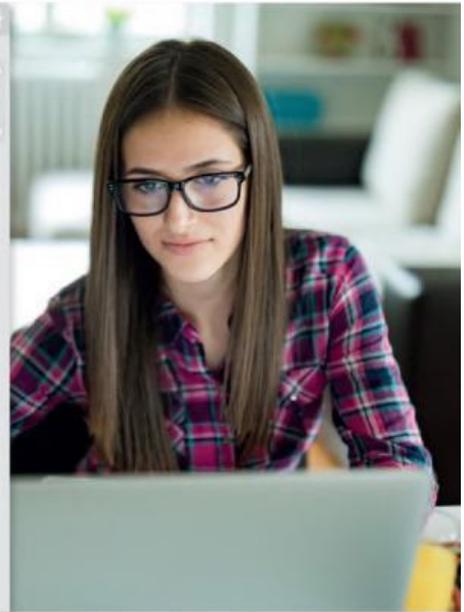
I've just started at my new school and it's great. I think I'm going to <sup>0</sup> get on really well here. There are lots of interesting clubs – I'm going to <sup>1</sup> \_\_\_\_\_ rock climbing this year! I've never done it before, but it sounds fun so I decided to <sup>2</sup> \_\_\_\_\_ it.

The students in my class are really friendly. A few <sup>3</sup> \_\_\_\_\_ after school to play basketball and they asked me to <sup>4</sup> \_\_\_\_\_ with them. As you know, I'm pretty good at basketball and my new friends think I will <sup>5</sup> \_\_\_\_\_ the school team if I try!

There's a lot more work to do, though. The teachers <sup>6</sup> \_\_\_\_\_ homework every day and we have to <sup>7</sup> \_\_\_\_\_ most of it the next morning. There's always one piece that we can do over the week, but I try not to <sup>8</sup> \_\_\_\_\_ doing it for too long. I have to remember to <sup>9</sup> \_\_\_\_\_ everything the teachers say about the homework, or I forget it. The timetable is quite complicated too, but I'll <sup>10</sup> \_\_\_\_\_ where to go at what time soon, I'm sure!

We <sup>11</sup> \_\_\_\_\_ on 15th December, so I'll come and visit you then. Write soon!

Debbie



## READING

#### 1 What advice would you give to someone starting at a new school? Write three ideas.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### 2 Quickly read the article on page 5. Does the author give the same advice as you?



#### 3 Match the headings to the paragraphs (A–G).

- |                                |               |
|--------------------------------|---------------|
| 0 Get involved!                | <u>  F  </u>  |
| 1 Find out about the school    | <u>      </u> |
| 2 Be a conversation starter    | <u>      </u> |
| 3 Don't be afraid to stand out | <u>      </u> |
| 4 Pay attention to others      | <u>      </u> |
| 5 Be brave                     | <u>      </u> |
| 6 Put on your friendly face    | <u>      </u> |