



ESPE
UNIVERSIDAD DE LAS FUERZAS ARMADAS
INNOVACIÓN PARA LA EXCELENCIA



READING COMPREHENSION ACTIVITY

NAME: _____ DATE: _____ COURSE: _____ GRADE: ____/____



Olympic Sports: A Showcase of Dedication and Skill

In the Olympics, athletes from around the world prepare to compete in a variety of sports. Many participate in athletics, where they must run and jump to win medals. Some choose to go swimming, a sport where they swim long distances in an Olympic pool. Others prefer to go cycling, riding bicycles on tracks or roads. In team sports like football, players train intensively to coordinate and win matches. Basketball is another popular sport where players play with a ball, shooting it into hoops to score points. Additionally, there are combat sports like judo, where competitors must throw and control their opponent. In gymnastics, athletes perform complex routines on various apparatuses, showing strength and grace. All these sports require dedication and discipline, and athletes train for years to reach the Olympics.

Reading Comprehension Activities

1. Multiple Choice:

- Which sport involves running and jumping?
 - a) Swimming
 - b) Athletics
 - c) Cycling
- In which sport do athletes ride bicycles?
 - a) Football
 - b) Basketball
 - c) Cycling
- Which team sport is played with a ball and involves shooting hoops?
 - a) Basketball
 - b) Football
 - c) Judo

2. True or False:

- Athletes in swimming swim long distances in an Olympic pool. (True/False)
- In judo, competitors must throw a ball to score points. (True/False)
- Gymnastics is performed on various apparatuses and shows strength and grace. (True/False)

3. Short Answer:

- Which combat sports are mentioned in the paragraph?

- What qualities are needed to reach the Olympics?

How do players coordinate in team sports like football?
