DAILY Warm-Up 5

Name _____ Date _____

TOO MUCH TV!

How many hours a day do you watch television? How many hours a week? Most children watch way too much television. If children are watching too much television, it means that they are not reading enough books. They are probably not getting enough exercise either. Watching television doesn't challenge our bodies mentally or physically. It is a "brain dead" activity.

Television is also not good for children because many shows are too violent. There aren't very many shows at night that could be considered children's shows. Many shows that are made for adults are shown during the time when children are watching television. It is not good for children to see so much violence. Some researchers say that watching this kind of program on television leads some children to do violent things in real life.

Many children say that there is nothing to do but watch television. This just isn't true. Children can go on walks, take a bike ride, or learn how to cook. They can play a game, do their homework, play jump rope, and do jumping jacks. They can also play soccer, basketball, football, or dance. There are so many things to do and so little time. Children should turn off the television because they are missing out on too much fun!

STORY QUESTIONS

1. What is the main idea of the reading passage?
   a. Children enjoy free time outside.
   b. Children watch too much television.
   c. Television programs are too violent.
   d. There should be a way to block violent television shows.

2. What is meant by the term "brain dead" in this passage?
   a. They are condemned.
   b. They are unsafe.
   c. They are not using their brains.
   d. They are torn down.

3. According to the passage, why do children watch too much television?
   a. It is a requirement for families with small children.
   b. They are enticed to watch with the commercials.
   c. It is easier than reading or playing games.
   d. Television is a profitable industry.

4. Which of the following statements is <u>not</u> a result of watching violent television?
   a. Children model what they see on television.
   b. Children are exposed to violence on a daily basis.
   c. Children are too young to watch some programs.
   d. Children learn from their parents how to treat others.

 ©Teacher Created Resources, Inc.

LIVEWORKSHEETS