IELTS WRITING- Discuss both views

Topic: You should spend about 40 minutes on this task.

The most important function of music is that it helps people reduce stress. To what extent do you agree or disagree with this statement?

Give reasons for your answers and include any relevant examples from your own knowledge or experience. Write at least 250 words.

Read 3 samples and give them suitable marks: 7.0- 6.5-4.5- 6.5-8.0

SAMPLE 1: .....

Music plays a vital role in our life for being a source of entertainment, and it is often said that the primary purpose of music is being a stress reliever. In my opinion, I disagree with this viewpoint because I believe that many other functions are just as critical.

Some people would claim that the most crucial role of music is to help us unwind as it has a profound effect on both emotions and the body. To be specific, research has found that music can be a powerful tool to not only help us settle our mind when feeling stressed, but also promote healing and improve our overall emotional well-being.This is the reason why listening to music has always been a popular activity people would do after a hectic day to ease their stress from work and study.

However, I believe that various other functions are just as significant as the relaxation purpose aforementioned. To begin with, music has also always been part of cultural and religious rituals, which includes national anthems or wedding and funeral marches. This is the way in which music helps countries to represent their national identity. Moreover, music is also a form of art which helps decorate our daily life. It can be seen that many dull events of the day such as exercising or cooking can turn into something more enjoyable thanks to music, and movies which feature music are also more captivating.

In conclusion, relieving stress is obviously an important purpose of music, but cultural and artistic functions are equally significant.

(259 words)

LIVEWORKSHEETS

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SAMPLE 2: .....

It is argued that the music plays a very important role in a life to decrease the stress . I completely agree with the statement that it plays a vital role in human life by motivating an employees at workplace and music act like a therapy for most people.

One of the most important function of the music is to reduce stress at workplace . Nowadays, most of the organizations play music while working because it helps employees to do not feel borr at workplace . For example , McDonald restaurant play music in the kitchen for their employees so that they feel energetic while working and keep the fun enevironment at workplace . Therefore , while listening music at work ,employees productivity increase to two times and do their job stress free.

In addition , nowadays people do multiple jobs in daily life so music act like a therapy for them . In other words , men and women get tired from daily life activities ,therefore feel restless at the end of the day . For example , People like to listen music while travelling because it helps them to stay calm and stress free from daily life activities . Therefore , music act as a healthy source for many people in the current time .

In conclusion , one of the most imperative role music play is keep stress free life by playing music at workplace and by listening the songs make people mood more relax too.

(249 words)

LIVEWORKSHEETS

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SAMPLE 3: .....

In today's society, music plays an essential role in our lives. Some people believe that stress could be reduced by listening to particular music, while others disagree with this idea. In this essay, I will explain why I agree with this statement and provide examples to support my position.

Firstly, music is an arranged set of tones that could hit a specific part of our brain and then could help lower our stress level. This is because studies prove that there are some tones, such as like sound produced by a piano or sometimes with words like our modern music, could release our stress levels. For instance, in hypnotherapist practice, before the therapist makes a suggestion to a patient, they use music to make the patient relax and make the therapy more efficient and impactful. Therefore, it is clear that music could assist a person to have a brighter mind.

Additionally, music could stimulate our intellect growth and repair the brain's damage. Music become one of the methods to cure a patient with brain disease and amplify the brain's growth. For example, it can be seen that pregnant women used to have a headphone on their belly to send music to their babies, such as Mozart's piece. On the other hand, some people argue music could distract humans from their goal so they can't achieve what they want. In the end, they will become stressed more than ever. However, this argument is flawed because it doesn't apply to large-scale populations. As a result, music could give enormous benefits to humans.

In conclusion, while it is true that music could obstruct someone's dream, the benefits of music far outweigh the drawbacks. Therefore, I strongly agree with the statement that the most important function of music is to make people produce better results. (301 words)

LIVEWORKSHEETS

IELTS WRITING- Discuss both views

SAMPLE 4: .....

Music is a form of art which is very beneficial. Some people listen to music while performing some excercises. Many people thinks that listening to music can be good to relieve some stress. From my point of view, the latter one is most important function of music and I am describing it with some relevant examples.

Firstly, music can have sundry benefits and one of the most important is relieving stress. Let's assume there are many studnets who loves listening music while doing some assignments or homework. This help them to create a mollifying environment and keep there mind more active. For some student it can be an optimum environment for studying while for some it can be disturbing environment.

In addition to, it is not just for students, but also for people who really want to reduce their stress. For instance: almost every stress relieving centre have some music on. It is scientifically also proven by many universities that music really can be stress reliever sometimes.

On other hand, music may play an important role for stress removing for some people, but there are many men and women who are strongly against this idea. According to them it can distract you from something that you were doing. For example: if a student is doing homework and then he plays some party songs, so this is for sure going to distract him, instead of relieving stress.

To conclude, music can be stress reliever, but that depends on what kind of music you are listening. If person is heart broken, then playing some sad songs will definetly make things worse.

(269 words)

LIVEWORKSHEETS

IELTS WRITING- Discuss both views

SAMPLE 5: .....

It is stated that relieving people's stress is the most vital role of music. Personally, I completely disagree with this notion since it is just significantly utilized to boost one's brain growth and enhance social interactions.

The first justification for my disagreement is that music is crucial for stimulating brain development. To be more specific, it is believed that music can promote people's ability to be creative. To illustrate, according to a recent study by an Australian university, those who often listen to music or play musical instruments can devise more innovative solutions to the same problems they are assigned as others. In addition, music is beneficial to human memory. This is because it is scientifically proven to slow cognitive decline, leading to it being widely used to treat people with Alzheimer's disease and other forms of dementia.

Second, one significant benefit of music in people's life is stronger social connections. This can be explained by the fact that musical shows and events have attracted numerous spectators to share the same taste in music. By taking part in these events, people are offered opportunities to interact with others and exchange their ideas to express their own musical perceptions. As a result, they can widen their cycle of relationships by making friends with like-minded people, paving the way for long-lasting social bonds in their personal lives.

In conclusion, I strongly oppose the idea that the most pivotal role of music in people's lives is to ease stress because other decisive influences are to give rise to creativity and strong social relationships. It is advisable that people listen to music in various fields to increase productivity and improve well-being.

(277 words)

LIVEWORKSHEETS