

Reading Ex. > Food & Restaurants

What to Eat during the Day?



People usually have *breakfast* after they wake up. If you are hungry, you can have a *mid-morning snack* such as biscuits with coffee. At midday people have a meal called *lunch*, which can be a sandwich or a full course meal depending on the country. If your lunch wasn't filling, you can have a mid-afternoon snack such as fruit, nuts, hummus, or any other bite. *Dinner* is the last meal that people often eat. Sometimes, especially on Sundays, people take some extra time in bed, so instead of having breakfast, they make or order a meal between breakfast and lunch called *brunch*.

A full course meal

Meals are divided in courses, which refers to the items served together at once. Full course meals are made up to three, four or five courses. Usually restaurants offer an *appetizer*, *main dish*, and *dessert*. People sometimes order an appetizer or *entrée* such as a snack, a soup, or a salad before the meal. The main dish is the most substantial part of a meal and can be chicken, beef, pork, seafood, veggie, or pasta. At the end of the meal some people treat themselves to a sweet course or dessert such as pastry or ice cream.

Working in a Restaurant



There can be several restaurant workers. The person who follows established recipes to prepare food is called a *cook*, and the person who is trained to understand flavors, use cooking techniques, and create recipes is called a *chef*. A *host* or *hostess* greets the customers and takes them to their respective table. A *dishwasher* is responsible for dishes hygiene, the garbage, and the kitchen cleaning. And the person who serves your food is called a *waitress* or *waiter*. If the food and service is good, customers express their gratitude leaving a tip.

Where to Eat?

There are different types of restaurants. If you are short on time or money, you might go to a *fast-food restaurant*, a *diner*, or a *food truck* because of their price, convenience, and speed. *Fine dining* restaurants offer an experience with a stylish atmosphere of elegance, exclusivity, and class. These places can be expensive. Some restaurants offer a *buffet*, where you take a plate up to a table loaded with food and you can put as much food as you want on your plate. Finally, a new type of restaurant is being popular, the *ghost restaurant* or *dark kitchen* that serves customers exclusively through app or online orders.

A. Complete the chart using information from the text above. Use ONE or TWO WORDS in each blank.

People

1. A(n) _____ or _____ makes food.
2. A(n) _____ or _____ serves food.
3. A(n) _____ or _____ welcomes diners.
4. _____ pay for good service.
5. A _____ does the kitchen cleaning.

Places

10. A(n) _____ restaurant is elegant.
11. A(n) _____ restaurant is managed online.
12. If you want lots of food, go to a(n) _____.
13. A(n) _____ is a fast and cheap place to eat.

Food

6. People often eat _____ at night.
7. The _____ is very important in a meal.
8. A(n) _____ course is served at the end.
9. A salad is an example of a(n) _____.

Other

14. Give a(n) _____ for good service!
15. Brunch is commonly eaten on _____.
16. People have lunch at _____.
17. Hummus may be a(n) _____ snack.

