

BELT Practice

Listening Comprehension

1. .

1. What is the main topic of discussion?

- Work
- Television
- Exercise
- Restaurants

2. How long ago did he join the health club?

- 1 year ago
- 1 month ago
- 2 months ago
- Last week

3. How long does he lift weights for?

- 30 minutes
- 45 minutes
- 1 hour
- 2 hours

4. What does he usually do before lifting weights?

- Stretch
- Walk around
- Jump rope for 15 minutes
- Bicycle for 30 minutes

2. .

1. What does Jimmy's friend want to do later?

- Workout

- Eat lunch
- Sleep
- Play basketball

2. What time do that plan on meeting?

- After dinner
- At 3:30
- Ten in the morning
- After lunch at 1:00

3. What did he do earlier that caused soreness in his legs?

- Lifted weights
- Skiing with friends
- Played soccer all day
- Played basketball

4. Where are they going to meet?

- At Jimmy's house
- At the coffee shop down the street
- By the bus stop
- At the gym

3. .

1. How would you describe Scott?

- Very tall and skinny
- Slender with broad shoulders
- Big and muscular
- Short and fat

2. How long has it been since these two last saw each other?

- 6 months ago
- 10 months ago

- A year and a half ago
 - Two years ago
3. How often does Scott go to the gym?
- Never
 - Once a month
 - Every day for an hour
 - Every other day for 3 hours
4. Why does Scott work out so much?
- To get noticeable results
 - Because he will be bored
 - To enter a competition
 - To train for a marathon

4. .

1. What topic are they talking about?
- Weather and rain
 - Shopping at the mall
 - Comedy movies at the theater
 - Sports and activities
2. If they get bored at the mall, what will they do?
- Watch a movie
 - Buy a game to play
 - Go home and watch TV
 - Go to the gym
3. What word is used to describe the weather?
- Amazing
 - Depressing
 - Great

- Terrible
4. What was mentioned in the weather report?
- It will stop raining in three days
 - It will stop raining in eight days
 - It will stop raining on Friday
 - I will be sunny over the weekend

5. .

1. What gender is the new baby?
- A boy
 - A girl
 - Twin boys
 - Twin girls
2. What were the complications mentioned during birth?
- Had to do emergency C-Section
 - Baby was inverted
 - Baby was stuck
 - No complications
3. What is the guy complaining about?
- That the baby was not a boy
 - That the baby is too expensive
 - That the baby is sick all the time
 - That he doesn't get enough sleep
4. After the conversation, what will the guy do?
- Get some sleep
 - Make sure wife and baby are healthy
 - Take the baby to the hospital
 - Go to work to make more money

6. .

1. Why is one person sneezy?

- Seasonal allergies
- Got the flu
- Got a cold
- Ate something and went down the wind pipe

2. What other symptoms are mentioned with allergies?

- Runny nose
- Itchy throat
- Watery eyes
- All of the above

3. What is the other guy allergic to?

- Cat
- Dust
- Alcohol
- All of the above

4. What symptoms does he get from cats?

- Eyes become bloodshot
- Ears become red
- Body starts to itch all over
- None of the above

7. .

1. How many months has Julie been on a diet?

- 1 month
- 2 months
- 3 months

- 6 months
2. How much weight did Julie lose so far?
- 5 pounds
- 15 pounds
- 20 pounds
- 25 pounds
3. What was the main tip Julie got from her trainer?
- Eat less
- Exercise more
- Eat 2 times a day
- Eat 5 times a day
4. Does Julie think Barbara should try this?
- No. Julie thinks Barbara doesn't need to go on a diet
- No. It wouldn't work for someone like Barbara
- Yes. Barbara is much fatter than Julie and needs to go on a diet
- Yes. Barbara is similar to Julie so she should use the same plan
8. .
1. Why did they start talking about dieting?
- They looked at themselves in the mirror
- They need to lose weight for a school dance party
- They saw a skinny girl that was on a diet
- They saw a picture of a skinny model
2. How many different diets has one of the girl been on?
- 1
- 3
- 4
- Too many to count

3. Why is one girl reluctant to go on a diet?

- Does feel she needs to
- Likes to eat ice cream too much
- Just completed one diet and wants a break
- Doesn't think she can benefit from a diet

4. When are they going to start?

- Very soon, probably tomorrow
- Very soon, next week
- Next month after school is over
- During summer break

9. .

1. What country is Cancun in?

- Canada
- Australia
- United States
- Mexico

2. What type of place is Cancun considered from the dialog?

- A big tourist place
- An adventurous place
- A small local city
- A dangerous place

3. How many days are they going to Cancun for?

- 3 days
- 5 days
- 6 days
- 7 days

4. Where does the friend want to go for her honeymoon?

- Canada
- Australia
- United States
- Mexico

10. . .

1. What is one possible weakness the Yankees might have from one of the guy in the conversation?

- No other good players besides A-Rod
- The team is too young
- Yankees do not have a good pitching staff
- Many players are injured

2. What team was mentioned as an example of what the Yankees might end up like?

- Seattle Mariners
- Texas Rangers
- Boston Red Sox
- New York Mets

3. What team tickets were sold out and are the most popular to watch?

- Seattle Mariners
- Texas Rangers
- Boston Red Sox
- New York Yankees

4. What sport are the talking about?

- Baseball
- Basketball
- Football
- Soccer

11.

1. What is the sport they are talking about?

- Baseball
- Basketball
- Football
- Soccer

2. Comparing baseball and football, which one is more fun?

- Baseball
- Football
- Both are equally fun
- Too different to compare

3. What does the corner back do?

- Main guy in offense
- The guy next to second base
- Defensive player covering passing plays and outside running plays
- The guy who shoots the ball

4. Why does one guy not follow football at all?

- Has no interest in the game
- Never understood the game
- Got hurt in high school and avoided it since
- Boring to watch