

4 Focus on ... Transitive and intransitive phrasal verbs

A Complete the text with transitive or intransitive phrasal verbs using the verbs in brackets.

How to ¹ _____ (keep / touch) friends

Method 1: Find time to make that phone call. It's the best way to ² _____ (keep / contact) the people you love.

Method 2: Use text. Keep an ongoing chat for updates about each other's lives. That way you and your friends won't ³ _____ (lose).

Method 3: Write an email. I share my news with my cousin via email each week. We ⁴ _____ (get) really well.

Method 4: Use social media. When you meet someone new, and you ⁵ _____ (hit) that person straightaway, you can tag them on social media to let them know you found something they might like. And, of course, social media is a great way to reconnect with old friends and ⁶ _____ (catch).