

**5**

**6.8** You will hear a psychologist called George Ellis talking about anger. For questions 1–10, complete the sentences with a word or short phrase.



# ANGER

George found out that anger occurs when reality doesn't match our **(1)** \_\_\_\_\_.

George hadn't expected to discover that anger can hide **(2)** \_\_\_\_\_ and other emotions.

George says that anger is designed to secure our **(3)** \_\_\_\_\_ in threatening situations.

George pointed out that anger causes a person to develop a **(4)** \_\_\_\_\_.

George was glad to learn that anger reduces the amount of **(5)** \_\_\_\_\_ caused by injury.

George says that anger creates the **(6)** \_\_\_\_\_ which is needed to change a situation.

Angry people are often **(7)** \_\_\_\_\_ according to research, which George found amusing.

George believes that anger can improve people's **(8)** \_\_\_\_\_ by allowing their emotions to show.

George describes the method of walking away from an argumentative situation as **(9)** \_\_\_\_\_.

George believes that losing our **(10)** \_\_\_\_\_ occasionally is acceptable.