

# 1 Jump for joy

## Reading finding key information in the text; multiple choice with one text

1 Read the Exam Reminder. What do you need to look for in the sentence stems?

### Exam REMINDER

#### Finding key information in the text

- With multiple-choice tasks, remember to read all the sentence stems first and to underline the key words.
- Try to find the section of the text that matches the underlined key words.
- Don't forget to read all the answer options carefully before matching to the text.

## The future could be in good hands

1 Members of Generation Z, or the so-called Gen Zedders, are those people born between 1997 and 2012. According to recent research, carried out by a non-profit organisation called the Varkey Foundation, most of Generation Z consider themselves to be happy. Of course, an obvious question is 'What is happiness?' For some young people it is just having a roof over their head and something to eat. Several factors, however, were generally agreed to be particularly important in contributing to individual happiness. These included being healthy (94%), good relationships with friends (91%) and family (92%) and feeling satisfied with their studies or job (89%).

Overall, nearly seven out of ten young people across the world indicated that they were content with their lives, but the survey revealed enormous variations between countries. It is interesting that those living in richer countries seemed less happy than those living in lower income countries, and the highest levels of happiness among young people were in developing countries such as Indonesia and Nigeria. In some developed countries, on the other hand, fewer than 50% of young people felt satisfied with their lives.

The report also found that Gen Zedders are becoming less happy as they get older. The 19-21 age group had a happiness score of only 52, compared to 69 for 15-16-year-olds. Young people seem to be becoming more aware of the big challenges facing society, such as climate change and poverty, and they want to play a part in changing society for the better. Over two-



thirds of them felt that making a wider contribution to society is important. The report also found that Gen Zedders are concerned about their future careers, but they consider the chance to learn new skills as more important than pay and career development. Furthermore, only 3% considered fame and celebrity to be important.

While older generations may view the increasing importance of the internet and social media as harmful, Gen Zedders have a very relaxed attitude to technology, seeing it as something that makes their everyday lives easier than it would be otherwise. This is perhaps not surprising for the first generation of true 'digital natives' – people who have grown up surrounded by digital technology.

Importantly, the majority of Gen Zedders view themselves as global citizens. They genuinely feel they can achieve positive change in the world and help others. In the case of climate change, for example, Gen Zedders have tried to make a real difference through campaigns such as the *Fridays for Future* campaign in schools. This kind of direct action shows how this generation looks for ways to contribute to society and make their voices heard.

As many have grown up being easily connected to the rest of the world, Gen Zedders across the globe are likely to have similar views and relate to people of other cultures and beliefs. It seems extremely positive that this generation has such a sense of responsibility about the state of the world. Let's hope this can lead to some real improvements in the future.

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2 Read and complete the Exam Task.

### Exam TASK

#### Multiple choice with one text

For questions 1–6 choose the answer (A, B, C or D) that best fits according to the text.

- The main purpose of the first paragraph is to
  - explain what makes people happy.
  - introduce the research and its main findings.
  - explain who Gen Zedders are.
  - explain the complicated nature of happiness.
- According to the report, levels of happiness
  - were lower in countries where incomes are higher.
  - were similar in all countries.
  - were higher in developed countries.
  - were lower in countries with bigger populations than elsewhere.
- The report also found that
  - young people become happier as they grow older.
  - 19–21 year-olds feel more anxious than younger teens.
  - young people are more interested in a salary than learning new things.
  - 15–16 year-olds are more worried about the future than those a few years older.
- Technological change is
  - generally liked by older generations.
  - a bigger concern for Gen Zedders than older generations.
  - a worry for many Gen Zedders.
  - something natural for Gen Zedders.
- According to the research, Gen Zedders are
  - unhappy about their contribution to the environment.
  - more concerned about jobs than climate change.
  - more worried about local issues than worldwide ones.
  - willing to try to change global issues.
- The article suggests that Gen Zedders
  - don't think social problems are relevant to them.
  - don't understand people in other cultures.
  - feel a connection to people their age around the world.
  - are quite irresponsible.