**Complete each sentence with ONE word**

1. I enjoy drinking ..... drinks with my friends at parties.
2. Our school will raise money for ..... by selling cookies.
3. On ..... , I eat three meals a day during the week.
4. She made a ..... in her life by starting a new job.
5. The company offers a wellness ..... for all employees.
6. Taking care of your mental ..... is important for overall well-being.
7. After exercising regularly, I got ..... and lost weight.
8. She's off ..... today because she doesn't feel well.
9. I enjoy cooking as ..... as baking for my family.
10. I have a ..... membership to stay active and healthy.
11. By volunteering at the shelter, he gained a ..... for being kind.
12. My older sister looks ..... me when our parents are not home.
13. When you add ..... all the numbers, you get the final total.
14. Practicing mindfulness can improve your overall well- .....

LIVEWORKSHEETS