"How I fell in love with a fish"

DATE:

Dan Barber

TEDTALKS

DAN BARBER is the chef at Blue Hill restaurant in New York, and at Stone Barns in Westchester, where he practises 'close-to-the-land' cooking. Food guide Chez Pim called Stone Barns 'a model of self-sufficiency and environmental responsibility … a working farm, ranch, and a three-Michelin-star-worthy restaurant'. Dan Barber's philosophy of food focuses on pleasure and thoughtful conservation – on understanding where food comes from and the unseen forces that drive what we eat. He's written on US agricultural policies and in 2009 received an award for America's Outstanding Chef.

Dan Barber's idea worth spreading is that if we abandon the current large-scale, wasteful agribusiness model, our food will be more sustainable and more delicious as well.

BACKGROUND

A). You are going to watch a TED Talk by Dan Barber called "How I fell in love with a fish". Read the text about the speaker and the talk.

1. What does Dan Barber care about and his main achievements?

_____

2. What do you think is meant by "unseen forces"?

_____

3. How much attention do you pay to where your food comes from? Give examples.

_____

KEY WORDS

1.

2.

3.

4.

5.

6.

2 Read the sentences (1–6). The words in bold are used in the TED Talk. Match the words with their definitions (a–f). Then work in pairs and answer the questions.

1 What kinds of food are contained in a high **protein** diet?
2 What are the main **predators** of chickens?
3 Can you name any areas of **marshland** in your country that are full of birds and other wildlife?
4 Why do you think some industries fill our rivers with **contaminants?**
5 Do you question your **conscience** before you buy or eat particular foods? What are those foods?
6 How long do you think a chicken needs to '**brood**' before the chicks are born?

a an animal that preys on or kills other animals for food
b your moral sense about what is right and wrong
c things which pollute or make another thing impure
d an organic compound that is rich in the ingredients necessary for a healthy diet
e an area where the land is permanently wet
f (of a bird) to sit on eggs until they hatch

3 Do you know the names of these fish in your language?

sea bass   eel   halibut   mullet   salmon   shrimp
swordfish   tuna

SEA BASS:

EEL:

HALIBUT:

MULLET:

SALMON:

SHRIMP:

SWORDFISH:

TUNA:

LIVEWORKSHEETS

LISTENING

4).

🎧 32 Listen to another extract from the talk. Complete the extract. Then check the spellings of the words.

'"Fish? I didn't know anything about fish. I'm an expert in relationships." And then he's off, [1] _____ into more talk about [2] _____ birds and [3] _____ and strange aquatic plants. And don't get me [4] _____, I was really [5] _____, you know, ...'

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TEDTALKS 🏠 Watch at home

1 ▶ 8.1 Watch the first part (0.00–4.54) of the edited TED Talk. Work in pairs. Use the key words and phrases below to retell the story from: *He fell in love with a fish ...* to *... he fell out of love with the fish.*

beautiful fish → past 50 years → nothing left → feed conversion ratio → speak about the company → called for details → far out to sea → what feed? → sustainable protein → chicken

2 ▶ 8.1 Watch the second part (4.54–7.56) of the talk. Complete the notes.

Second fish	Origin: [1] _____
	Way it was cooked: [2] _____
	Colour: [3] _____
	Taste: [4] _____
Original farm in Veta la Palma	Type: [5] _____
	What they did to the land: [6] _____
	Success of farm: [7] _____

New fish farm	What they did to the land: [8] _____
	Type of land now: [9] _____
Miguel	Job: biologist
	Experience: [10] _____
	Area of expertise: [11] _____

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