

### 3 Complete the sentences with the words and phrases below.

tofu

fit

chapped lips

weight

harms

bins

1. Doing housework is a kind of exercise. It helps keep you \_\_\_\_\_.
2. Some of a vegetarian's main foods are \_\_\_\_\_ and vegetables.
3. Physical activities like running help you lose \_\_\_\_\_.
4. There should be more \_\_\_\_\_ in public places.
5. Reading in dim light \_\_\_\_\_ your eyes.
6. Cold weather causes \_\_\_\_\_ and skin.

### 4 Write a correct word or phrase that describes each group of words.

taking a bath

soft drinks

house cleaning

cycling

fast food

acne

#### Key words

Example: clean water, shower gel, clean tower

1. fried chicken and chips, chain restaurants, popular
2. bike, helmet, shoes, path
3. sweetened drinks with a lot of gas
4. black and white pimples on your body, especially on your face
5. dustpan, broom, water, floor cleaner

taking a bath

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**6** Read and decide if the underlined parts are the subject (S), verb (V), object (O), or adverb (ADV) of the sentences.

Example:

I do not eat much red meat.

S    V    O

1. She washes her face twice a day.

       

2. Asian diets contain a lot of vegetables.

    

3. My sister uses a lot of suncream in summer.

       

4. He likes cycling in the park.

       

5. My mother cooks food with very little cooking oil.