9 I always eat breakfast.

1 Write the names of the foods.

Fruit

1. _____blueberries_____
2. _____
3. _____
4. _____

Vegetables

5. _____
6. _____
7. _____
8. _____

Grains

9. _____
10. _____
11. _____
12. _____

Dairy

13. _____
14. _____

Fats and oils

15. _____
16. _____

Meat and other proteins

17. _____
18. _____
19. _____
20. _____

49

LIVEWORKSHEETS

2 **Complete the sentences with the articles *a* or *an*. If you don't need an article, write Ø.**

1. This is _____a_____ tomato. 2. This is _____ yogurt. 3. This is _____ potato.

4. This is _____ egg. 5. This is _____ onion. 6. This is _____ rice.

3 **What foods do you like? What foods don't you like? Write sentences.**

1. fruit

   I like bananas, oranges, and apples. I don't like lemons.

2. drinks

_____

3. vegetables

_____

4. meat and other proteins

_____

5. dairy

_____

6. grains

_____

4 **Complete the conversations with *some* or *any*.**

1. **A:** What do you eat for lunch?
   B: Well, I usually have _____some_____ noodles in broth.
   A: That sounds good. Do you have _____ vegetables?
   B: No, I don't eat _____ vegetables for lunch.
   A: Really? Do you have anything else?
   B: Well, I usually have _____ fruit – grapes or strawberries, but I don't eat _____ dessert.
   A: Do you drink anything with your lunch?
   B: I always have _____ water and coffee. I don't put _____ milk in my coffee, but I like _____ sugar in it.

2. **A:** What do you want for dinner?
   B: Let's make _____ chicken soup.
   A: Good idea. Do we have _____ chicken?
   B: Yes, we have _____ chicken, but we don't have _____ vegetables. Let's get _____ celery and onions.
   A: OK. Do we need _____ pasta for the soup?
   B: Yes, let's get _____ pasta. Oh, and _____ garlic, too.
   A: Great. We have _____ salt and pepper, so we don't need _____ spices.
   B: Yeah, but let's get _____ bread. And _____ crackers, too.

I always eat breakfast. **51**

LIVEWORKSHEETS

5 **What do you need to make these foods? What don't you need? Write sentences.**

1. meatloaf

   You need some beef, crackers, eggs,
   and onions. You don't need
   any oranges.

2. a vegetable salad

   _____
   _____
   _____

3. spaghetti

   _____
   _____
   _____

4. a fish sandwich

   _____
   _____
   _____

5. a fruit salad

   _____
   _____
   _____

6. your favorite food

   _____
   _____
   _____

6 Food habits

A Put the adverbs in the correct places.

1. In Japan, people have fish for breakfast. (sometimes)
   In Japan, people sometimes have fish for breakfast.

2. In Canada, people have salad for breakfast. (hardly ever)
   _____

3. Some people in South Korea eat pickled vegetables for breakfast. (always)
   _____

4. Americans put cream in their coffee. (often)
   _____

5. Brazilians make drinks with fruit. (often)
   _____

6. In England, people put milk in their tea. (usually)
   _____

7. Some people in Mexico eat pasta. (never)
   _____

8. In China, people put sugar in their tea. (hardly ever)
   _____

B Rewrite the sentences in part A. Use your own information.

1. In Japan, people sometimes have fish for breakfast.
   I hardly ever have fish for breakfast. /
   I sometimes have cereal for breakfast.

2. _____
   _____

3. _____
   _____

4. _____
   _____

5. _____
   _____

6. _____
   _____

7. _____
   _____

8. _____
   _____

7 How often do you have these things for lunch? Write sentences.
Use the adverbs in the box.

always	hardly ever	never	often	sometimes	usually

1. cheese   *I hardly ever have cheese for lunch.*

2. pasta   _____

3. coffee   _____

4. eggs   _____

5. beef   _____

6. rice   _____

7. beans   _____

8. salad   _____

8 Answer the questions with your own information.

1. What's your favorite restaurant?

_____

2. What do you usually have for dinner?

_____

3. Do you ever cook?

_____

4. What's your favorite kind of food?

_____

5. What's your favorite snack?

_____