A 'screen-free week'

Questions:

1. What does screen-free week mean?
   - A. No books, no exercise, no TV
   - B. No internet, no cell phone, no TV
   - C. No music, no movies, no TV
2. How many hours a day does Ali estimate he spends on his phone?
   - A. About five
   - B. About nine
   - C. About twelve
3. What does Ali use his phone for first thing in the morning?
   - A. As an alarm clock
   - B. To check social media
   - C. To listen to music
4. What does Ali check on his phone in the morning?
   - A. Weather and traffic
   - B. News and emails
   - C. Sports scores
5. How does Ali use his phone during the day at work?
   - A. To check maps
   - B. To listen to music
   - C. To play games
6. What information does Ali get from his phone that helps him with his job?
   - A. Weather updates
   - B. News updates
   - C. Road conditions
7. How does Ali spend his evenings using his phone?
   - A. Reading books
   - B. Texting friends or playing games
   - C. Watching movies
8. How do Ali and his friends communicate about the games during the weekend?
   - A. Through phone calls
   - B. Through a group chat
   - C. Through emails
9. What sport is Ali interested in?
   - A. Basketball
   - B. Soccer
   - C. Tennis
10. What is Ali's final reaction to the idea of a screen-free week?
    - A. He is willing to try it
    - B. He thinks it's impossible
    - C. He doesn't care

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