

A 'screen-free week'

Questions:

1. What does screen-free week mean?
 - A. No books, no exercise, no TV
 - B. No internet, no cell phone, no TV
 - C. No music, no movies, no TV
2. How many hours a day does Ali estimate he spends on his phone?
 - A. About five
 - B. About nine
 - C. About twelve
3. What does Ali use his phone for first thing in the morning?
 - A. As an alarm clock
 - B. To check social media
 - C. To listen to music
4. What does Ali check on his phone in the morning?
 - A. Weather and traffic
 - B. News and emails
 - C. Sports scores
5. How does Ali use his phone during the day at work?
 - A. To check maps
 - B. To listen to music
 - C. To play games
6. What information does Ali get from his phone that helps him with his job?
 - A. Weather updates
 - B. News updates
 - C. Road conditions
7. How does Ali spend his evenings using his phone?
 - A. Reading books
 - B. Texting friends or playing games
 - C. Watching movies
8. How do Ali and his friends communicate about the games during the weekend?
 - A. Through phone calls
 - B. Through a group chat
 - C. Through emails
9. What sport is Ali interested in?
 - A. Basketball
 - B. Soccer
 - C. Tennis
10. What is Ali's final reaction to the idea of a screen-free week?
 - A. He is willing to try it
 - B. He thinks it's impossible
 - C. He doesn't care