14 Illness

A Types of illness


rash


lungs


breast

MORE **MINOR**	
hay fever:	an illness affecting the eyes, nose and throat, caused by breathing in **pollen**
a **rash:**	an area of red spots **commonly** caused by an illness or an allergy
MORE SERIOUS	
an **allergy:**	a condition that makes you ill when you eat, touch or breathe certain things that don't normally make people ill, e.g. eating nuts. Allergies can be minor or very serious. **allergic (to sth)** *adj*
asthma:	a condition that gives people breathing difficulties
diabetes:	a disease caused by an **inability** to control the level of sugar in the blood
POTENTIALLY FATAL	
cancer:	e.g. **lung** cancer, **breast** cancer: a very serious illness in which a **lump** grows in the body
a **heart attack:** a sudden, serious illness when the heart stops working correctly	

GLOSSARY

minor	not very big, serious or important
pollen	the powder produced by some plants
commonly	usually; very often; by most people
inability	the fact of not being able to do sth
potentially	that may possibly happen or become sth **potential** *adj*
fatal	causing or ending in death: ***a fatal accident***
lump	a swelling under the skin which can be small or large

1 Is the pronunciation of the underlined letters the same or different? Write *S* or *D*. Use the APP to help you.

1 heart breast ____ 3 diabetes fever ____ 5 diabetes minor ____ 7 allergy allergic ____
2 allergy rash ____ 4 allergy lung ____ 6 hay fatal ____ 8 potential asthma ____

2 Complete the sentences.

1 I'm _____ to prawns. I get a _____ on my face if I eat just one.
2 Drugs are a _____ used treatment for many illnesses.
3 It's clear that smoking increases your risk of lung _____, which is _____ fatal.
4 A friend of mine has a very serious _____. If he eats peanuts, he has a bad reaction.
5 I get a bit of hay _____ every summer, but it's only a _____ problem. I don't worry about it.
6 If you are seriously overweight, it is a _____ problem: you are more at risk from _____ and, of course, heart _____.
7 One of my friends died in a _____ road accident.
8 The _____ to control the level of sugar in the blood is _____ very serious.

3 Combine words from the box to make sentences about the illnesses and their causes and symptoms.

hay fever	diabetes	asthma	breast cancer	rash
breathing difficulties		allergy	sugar	pollen	lump

_____
_____
_____
_____
_____

TEST YOURSELF

LIVEWORKSHEETS

B Medicine labels



GLOSSARY

dissolve (in sth)	(of a solid) combine with a liquid and become part of it
short-term	lasting only a short period: ***a short-term solution*** OPP **long-term**: ***a long-term contract***
dose (ALSO **dosage**)	the amount of a medicine that you take at any one time
enclosed	included inside sth else, usually inside a letter or a packet
leaflet	one or several pages of printed free information about sth
side effect	an extra and usually bad effect that a drug has on you
disorder	illness to a part of the body
discard	get rid of sth you no longer want or need
persist	(especially of sth unpleasant) continue to exist **persistent** *adj*
consult	ask sb for some information or advice **consultation** *n*
expiry date	the date after which sth should not be used **expire** *v*

SPOTLIGHT *exceed and excess*

1 do more of sth than is stated in an order or a law:
*Don't **exceed** the **stated dose**.*
*You shouldn't **exceed** the **speed limit**.*

2 be greater than a particular number, amount or quality:
*The cost won't **exceed** $5,000.* OR
*The cost won't be **in excess of** $5,000.*

4 True or false? Write *T* or *F*. Correct any false sentences.

1 Drugs can have ***side effects***. .....
2 If something is ***enclosed***, you can't open it. .....
3 You can read a ***leaflet***. .....
4 A ***disorder*** means a machine isn't working. .....
5 If something ***persists***, it stops. .....
6 '***In excess of*** 50' is more than 50. .....
7 You can ***dissolve*** sugar in hot water. .....
8 If you ***consult*** someone, you disagree with them. .....

5 Add a word to complete an instruction or a common phrase.

1 Don't exceed the stated _____ .
2 a long-_____ solution
3 the expiry _____
4 in _____ of 20 people
5 common side _____
6 Read the _____ leaflet.

6 Use one word to complete the sentences on the right with the same meaning as those on the left.

1 It's all there in the information they provide.	It's all there in the _____ .
2 He's got something wrong with his stomach.	He's got a stomach _____ .
3 The information is included with this letter.	The information is _____ .
4 One teaspoon is the amount you should take.	One teaspoon is the _____ .
5 See a doctor if the symptoms don't go away.	See a doctor if the symptoms _____ .
6 Don't use after the end of July.	Don't use after the expiry _____ .

7 Complete the sentences.

1 You can buy aspirin, which _____ in water; that avoids taking tablets.
2 I've had a _____ cough for weeks now; the doctor thinks I should _____ a specialist.
3 I ought to _____ the contents of this bottle: it's been open for months.
4 The doctor gave me sleeping tablets, but it's only a _____ - _____ solution.
5 This is a powerful drug so I mustn't _____ the stated dose.
6 I've already had a _____ with one doctor, but he wasn't very helpful.

TEST YOURSELF

LIVEWORKSHEETS