

6 Grammar test

Student: _____
Date: _____
Teacher: Prof / Lic Cinthia Herrera

- 1 Underline and correct the mistake in each sentence.
 - 1 You could try get away from your desk at work at least twice a day.
 - 2 You can to try to cycle once or twice a week.
 - 3 You should like to try spending more time walking.
 - 4 Do you think you could, for example, took up something more strenuous?
 - 5 You shouldn't to overdo the exercise.
 - 6 People ought be more aware than they are of the damage exercise can cause.
 - 7 You might like try starting by giving up the first cigarette of the day.

- 2 Decide which of the pieces of advice about giving up smoking are more patient-centred.
 - 1 a You ought to stop smoking.
b Have you ever thought about how you might give up smoking?
 - 2 a If you can, begin by making small changes.
b You should begin by making small changes.
 - 3 a You could, for example, cut out the first cigarette in the morning. Would that work for you?
b You shouldn't have the first cigarette in the morning.
 - 4 a You oughtn't to stop in one go. You should set yourself targets like reducing by one cigarette a day.
b Instead of stopping in one go, you might like to try setting yourself targets like reducing by one cigarette a day.

- 3 Rewrite the suggestions using the words in brackets.
 - 1 You could try to eat lean meat where possible. (ought to)
 - 2 Have you ever thought of cutting out chocolate gradually? (might)
 - 3 You can, for example, walk up the stairs rather than using the lift. (should)
 - 4 It's better to reduce the amount of food you eat gradually. (can)
 - 5 You might like to try going for a walk with a friend. (could, for example,)
 - 6 If you can, always go shopping by bus, or even on foot, rather than by car. (shouldn't; should)
 - 7 Try to get into the habit of walking every day. (might)
 - 8 Instead of frying food, try to steam or bake it. (shouldn't; should)