

Grammar

Past continuous

1 Choose the correct alternatives.

- 1 While I sat/was sitting at my desk, a football came/was coming through my window!
- 2 I looked/was looking out of my window when I saw/was seeing a fox in my garden.
- 3 I fell over/was falling over on the ice while I walked/was walking home.
- 4 While I ate/was eating my lunch, I heard/was hearing a loud noise.
- 5 I saw/was seeing you earlier when I shopped/was shopping.
- 6 When I came/was coming home, he watched/was watching TV.
- 7 She met/was meeting her boyfriend while she travelled/was travelling around South America.
- 8 When I first saw/was seeing you, you wore/were wearing a beautiful dress.

2 Complete the sentences with the past simple or past continuous form of the verbs in brackets.

- 1 I not go to the gym yesterday.
- 2 I eat too much yesterday.
- 3 Sorry, could you repeat that? I not listen.
- 4 When I went out, it rain.
- 5 My neighbours argue when I came home last night.
- 6 I injure my leg while I was playing football.
- 7 I not enjoy the film because some people were talking too loudly.
- 8 I see a mouse while I clean the house!
- 9 He not play video games last night because he had too much homework.
- 10 I take some amazing photos while I travel in India.



3 Complete the sentences with the words in the box.

a ago days last once week when while

- 1 I fell over few days ago while I was playing tennis.
- 2 I lost my job month because the company wasn't making money.
- 3 I found £50 while I was walking in the street.
- 4 I fell asleep when I was reading my book.
- 5 I was studying a lot a few weeks ago, but now I've finished my exams.
- 6 I don't want Chinese food again! We ate it a few ago.
- 7 I lost my phone last time.
- 8 It was raining we met.

Vocabulary

Verbs of movement

4 Complete the sentences with the words in the box.

around (x2) back down into out over up

- 1 I arrived late and they didn't let me go the theatre.
- 2 Last summer, we travelled France and saw lots of places.
- 3 After he fell off his bike, he got slowly.
- 4 I went ice skating and didn't fall once.
- 5 I was bored at home, so I went for a walk.
- 6 I have a headache. I think I'll go and lie up.
- 7 I heard someone say my name, so I turned around.
- 8 If you are busy, I can come later.

5 Match the sentence halves.

- 1 I locked the door carefully before I went around most of Europe.
- 2 I was tired after work, so I lay down for a few minutes before dinner.
- 3 The art exhibition looked interesting, so I went into the gallery to see it.
- 4 My mum was angry because I came up slowly because I had a headache.
- 5 I heard my name, so I turned out for the evening.
- 6 I've never been to the US, but I've travelled over a lot and hurt myself.
- 7 When I was a child, I fell back very late last night.
- 8 After the accident at football practice, I got around to see who was calling me.

LIVE WORKSHEETS