

**Activity 1: Match the verbs to their correct definitions.**

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| 1. Pour    | To press something firmly, usually to extract liquid |
| 2. Sip     | To remove the outer skin of a fruit or vegetable     |
| 3. Toast   | To determine the weight of something                 |
| 4. Spread  | To determine the quantity or size of something       |
| 5. Squeeze | To clean something with water                        |
| 6. Break   | To cover a surface with a layer of a substance       |
| 7. Weigh   | To taste a liquid slowly                             |
| 8. Measure | To make liquid flow from one container to another    |
| 9. Peel    | To separate into pieces, often using force           |
| 10. Wash   | To heat bread until it becomes brown and crispy      |