

UNIT 9



Listening

■ Stress management

b (33) Listen to an 18-year-old student, Claire, talking to her teacher, Mr Jones, about coping with stress at exam time and answer these questions.

- 1 Why is Claire so concerned about her exams?
- 2 What advice does Mr Jones give her regarding revision?
- 3 What kind of things does he suggest she does when she is not studying?
- 4 How important does Mr Jones think these exams are in her entire life?
- 5 What advice would you give Claire if you were her close friend?

c (33) Listen again and tick the expressions that are used from the list below.

frankly	well
actually	sort of
as I was saying	in fact
to tell you the truth	honestly
regarding	anyway

Language focus

■ Expressions used in conversation

4a Add the expressions to the table, to show their purpose in conversation.

*in fact with regards to as I was saying
to tell you the truth at any rate
on the contrary as a matter of fact
you know let me see*

Returning to the main point

anyway

Giving an opinion or expressing a feeling
to be honestFor emphasis or contrast
actuallyFocusing on a particular point
as forGaining time
sort of

b Complete the following sentences with the most appropriate expressions from a). You may be able to use more than one.

- 1 to that financial report, could you give me some more relevant information?
- 2, that is the end of the matter and I don't want you to refer to it again.
- 3, I've thought about it quite carefully and I don't want to get involved in what I consider a rather risky venture.
- 4 You don't like Johnny Depp! Well, , I think he's absolutely fantastic!
- 5 before, youth crime is an important issue which needs to be addressed immediately.

