3 Listening for gist

Listen to the podcast about the vital role that windows with a view can play in the lives of older people. Choose the correct answer.

1. What is the "surveillance zone"?
   a. The area immediately outside an older person's home.
   b. The area around a window with a view.
   c. The area in which an older person can observe and participate in their neighborhood.
   d. The area in which an older person can reduce stress and improve mental health.

2. What is the link between nature and stress reduction?
   a. Nature can provide a sense of purpose for older people.
   b. Nature can provide a source of entertainment for older people.
   c. Nature can improve the overall well-being of older people.
   d. Nature can reduce stress and improve mental health for older people.

3. What is the potential downside to having a window with a view for older people?
   a. They may be perceived as nosy or mean.
   b. They may spend too much time indoors.
   c. They may not have a sense of purpose.
   d. They may not have a source of entertainment.



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