EXERCISE 1

I/ Match the words with their meaning

stir fry	convert to caramel
boil	cooking in fat or oil in a pan or griddle
caramelise	cook and make edible by putting in a hot oven
frying	fry very quickly over high heat
bake	transform by heating
cook	change from a liquid to vapor

II/ Fill in the blanks with the appropriate word to complete the sentences.

cook	stir fry	boil	bake	frying	caramelise

1. _____ is a cooking method where you quickly toss food in a hot pan with a little oil.
2. I will _____ the vegetables in boiling water for about 10 minutes before mixing them into the salad.
3. To make flan, you first need to _____ sugar until it turns a deep brown color.
4. My mom often _____ chicken in a hot pan with some olive oil.
5. We will _____ the bread in the oven until it turns golden brown.
6. You can _____ this dish in various ways, including grilling, frying, or steaming.

III/ True or False

Determine if the following statements are true or false.

1. **Stir fry** means cooking by placing food in boiling water.
2. **Boil** is the process of cooking food by boiling it in water.
3. **Caramelise** means cooking food in the oven.
4. **Frying** means cooking food in a pan with oil or fat.
5. **Bake** means cooking food in the oven.
6. **Cook** is a general term for preparing food.

LIVEWORKSHEETS