

# Reading Comprehension

## 13 "HEALTHY LIVING GUIDE"

READ THE POSTER CAREFULLY. THEN READ THE QUESTIONS ABOUT THE POSTER. SELECT THE BEST ANSWERS FOR QUESTIONS 1, 2, 3, 4, and 5.



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1. According to the poster, name **TWO** types of foods you should eat very little of.
2. Based on information from the poster, name **TWO** fun activities that can be done to mitigate time spent watching television.
3. List **TWO** things from the poster that you can do regularly to maintain good health.
4. “**Jaden was alert and performed well in class.**” Write the statement from the poster that explains why this happened.
5. Choose the effect that each of the following activities will have on an individual.

CAUSE	EFFECT
eating candies and greasy food	
reading books and studying	

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