



Discuss the following questions with your classmates and teacher. Make sure you get involved in this activity and develop your ideas as much as you can.

What is your daily personal hygiene routine?



Do you spend much money on personal hygiene products?



Do you worry about your image or hygiene?



What is your favorite personal hygiene product?



How does personal hygiene affect health and safety at work?



Have you ever worked with someone who had terrible body odor? What did you do?



Does your company have any policies that relate to personal hygiene?



Do you think that caring about the way you look is good for your self-esteem?





#### A brush my teeth

- 1 toothbrush
- 2 toothpaste

#### B floss my teeth

- 3 dental floss

#### C gargle

- 4 mouthwash

#### D whiten my teeth

- 5 teeth whitener

#### E bathe/take a bath

- 6 soap
- 7 bubble bath

#### F take a shower

- 8 shower cap

#### G wash my hair

- 9 shampoo
- 10 conditioner/rinse

#### H dry my hair

- 11 hair dryer/blow dryer

#### I comb my hair

- 12 comb

#### J brush my hair

- 13 (hair) brush

#### K style my hair

- 14 hot comb / curling iron
- 15 hairspray
- 16 hair gel
- 17 bobby pin
- 18 barrette
- 19 hairclip





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|------------------------|------------------------|------------------------|--------------------------|
| <b>L</b> shave         | 28 nail clipper        | 37 cologne/perfume     | 44 eye shadow            |
| 20 shaving cream       | 29 nail brush          | 38 sunscreen           | 45 mascara               |
| 21 razor               | 30 scissors            | <b>O</b> put on makeup | 46 eyebrow pencil        |
| 22 razor blade         | 31 nail polish         | 39 blush/rouge         | 47 lipstick              |
| 23 electric shaver     | 32 nail polish remover | 40 foundation/base     |                          |
| 24 styptic pencil      | <b>N</b> put on . . .  | 41 moisturizer         |                          |
| 25 aftershave (lotion) | 33 deodorant           | 42 face powder         | <b>P</b> polish my shoes |
| <b>M</b> do my nails   | 34 hand lotion         | 43 eyeliner            | 48 shoe polish           |
| 26 nail file           | 35 body lotion         |                        | 49 shoelaces             |
| 27 emery board         | 36 powder              |                        |                          |



[https://www.youtube.com/watch?v=1RGosmL\\_C6I](https://www.youtube.com/watch?v=1RGosmL_C6I)

