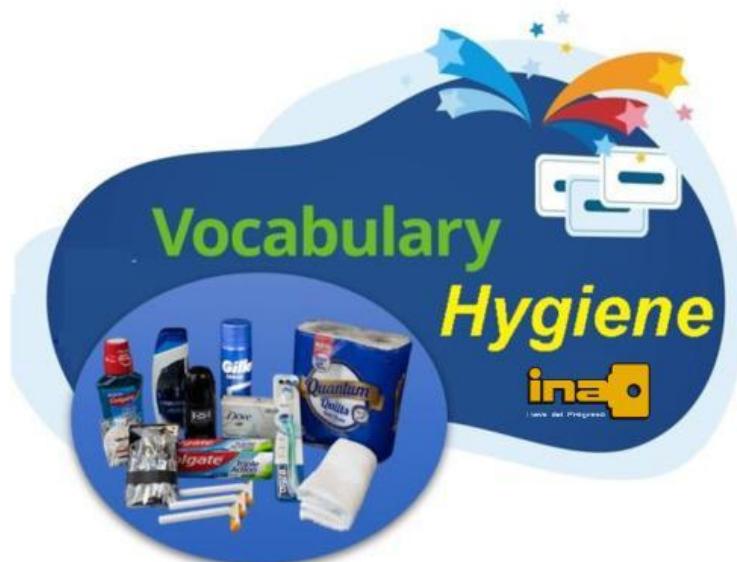


WARM UP



Discuss the following questions with your classmates and teacher. Make sure you get involved in this activity and develop your ideas as much as you can.

What is your daily personal hygiene routine?



Do you spend much money on personal hygiene products?



Do you worry about your image or hygiene?



What is your favorite personal hygiene product?



How does personal hygiene affect health and safety at work?



Have you ever worked with someone who had terrible body odor? What did you do?



Does your company have any policies that relate to personal hygiene?

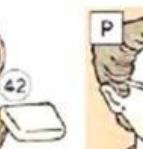
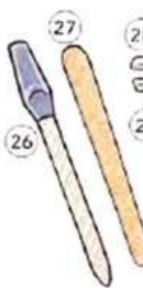


Do you think that caring about the way you look is good for your self-esteem?





A brush my teeth	E bathe/take a bath	H dry my hair	K style my hair
1 toothbrush	6 soap	11 hair dryer/blow dryer	14 hot comb/ curling iron
2 toothpaste	7 bubble bath	12 comb	15 hairspray
B floss my teeth	F take a shower	I comb my hair	16 hair gel
3 dental floss	8 shower cap	13 (hair) brush	17 bobby pin
C gargle	G wash my hair	J brush my hair	18 barrette
4 mouthwash	9 shampoo	10 conditioner/rinse	19 hairclip
D whiten my teeth			
5 teeth whitener			



L shave
20 shaving cream
21 razor
22 razor blade
23 electric shaver
24 styptic pencil
25 aftershave (lotion)

M do my nails
26 nail file
27 emery board

28 nail clipper
29 nail brush
30 scissors
31 nail polish
32 nail polish remover

N put on ...
33 deodorant
34 hand lotion
35 body lotion
36 powder

37 cologne/perfume
38 sunscreen

O put on makeup
39 blush/rouge
40 foundation/base
41 moisturizer
42 face powder
43 eyeliner

44 eye shadow
45 mascara
46 eyebrow pencil
47 lipstick

P polish my shoes
48 shoe polish
49 shoelaces



VIDEO

https://www.youtube.com/watch?v=1RGosmL_C6I

