BRITISH COUNCIL

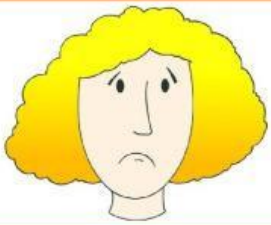
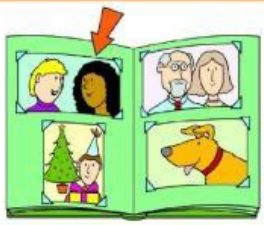
LearnEnglish Kids

Say no to bullying

1. What's the word?

Write the word under the pictures.

~~children~~	feel bad	school	laughing
photos	teacher	worried	say sorry

			
	children		
			

2. True or false?

Read the fact file on the next page and circle true or false for these sentences.

a.	Bullying can happen at school, out of school or online.	*true*	*false*
b.	Hitting people and not letting someone join in are examples of bullying.	*true*	*false*
c.	Bullying online is called computer bullying.	*true*	*false*
d.	An adult can help you to reply to a cyberbully.	*true*	*false*
e.	It's a good idea to tell an adult if you see bullying.	*true*	*false*
f.	It's a bad idea to say sorry if you are mean to someone.	*true*	*false*

© British Council, 2016 The United Kingdom's international organisation for educational opportunities and cultural relations. We are registered in England as a charity.

LIVEWORKSHEETS

3. Read!

Read the fact file and complete exercise 2 on the previous page.

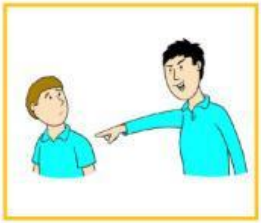
FACT FILE: Say no to bullying

Bullying can happen to me or you or anyone. Millions of children around the world are bullied every year, but there are things that we can all do to help.

What is bullying?

Bullying is when someone makes you feel bad or hurts you again and again. Bullying can happen at school, out of school or online. Bullying includes:

- calling people mean names
- laughing at people
- telling lies about people
- taking someone's things without permission
- not letting someone play in a group
- hitting people.





What is cyberbullying?

Cyberbullying happens online and includes:

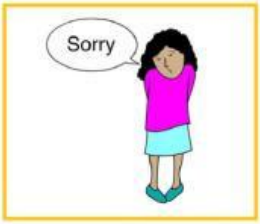
- sending mean messages
- sharing photos without permission
- not letting someone be part of an online group.

What can you do?

If someone is mean to you, tell an adult that you know and like. For example, talk to a parent or a teacher. You can block a person who sends mean messages online. Ask an adult to help you. Don't reply.

Talk to your parents or teacher or an adult that you know well if you see bullying or if you are worried about a friend.





Say sorry if you are mean to someone. You can write a message or talk to the person. Think about how to be kind in the future.

We can all help to say no to bullying.

4. What do you think?

What was the most important fact about bullying? What can schools do to stop bullying? What's the best way to say sorry?

© British Council, 2016 The United Kingdom's international organisation for educational opportunities and cultural relations. We are registered in England as a charity.

LIVEWORKSHEETS