

# Intermediate 9

## REFLEXIVE PRONOUNS

by Julian Conde

### I. Complete with ourselves (x2), himself, herself and themselves.

"As we continue to navigate the challenges of life, it is essential to remember to prioritize our well-being and show kindness to \_\_\_\_\_. He must give \_\_\_\_\_ time to rest, she must give \_\_\_\_\_ permission to indulge, they must give \_\_\_\_\_ opportunities to relax, and we must give \_\_\_\_\_ a break. Likewise, we should extend this same level of self-compassion and empathy to others.

### II. Choose the best answer.

- She considered **herself/sheself** a great singer and often sang to **herself/himself** while doing housework.
- They decided to give **themselves/themselfe** a treat and went to their favorite restaurant for dinner.
- The class was so quiet that the teacher could hear **sheself/herself** breathing.
- He found **himself/himselv** thinking about his past and how his life had changed over the years.
- The woman blamed **themselves/herself** for the accident and felt guilty for months afterward.
- The boys washed **ourselves/themselves** after a long day of playing outside in the mud.
- They must remember to trust **themselves/themselfs** and their abilities in order to succeed.
- She was proud of **herself/heself** for overcoming her fear and finally going on that rollercoaster.
- The chef considered **herself/herselve** a master of her craft and was confident in her cooking skills.
- We need to allow **ourselves/ourselvs** time to rest and recover after a long week of work.

