

Intermediate 9

REFLEXIVE PRONOUNS

by Julian Conde

I. Complete with ourselves (x2), himself, herself and themselves.

"As we continue to navigate the challenges of life, it is essential to remember to prioritize our well-being and show kindness to _____. He must give _____ time to rest, she must give _____ permission to indulge, they must give _____ opportunities to relax, and we must give _____ a break. Likewise, we should extend this same level of self-compassion and empathy to others.

II. Choose the best answer.

- She considered **herself/sheself** a great singer and often sang to **herself/himself** while doing housework.
- They decided to give **themselves/themselve** a treat and went to their favorite restaurant for dinner.
- The class was so quiet that the teacher could hear **sheself/herself** breathing.
- He found **himself/himself** thinking about his past and how his life had changed over the years.
- The woman blamed **themselves/herself** for the accident and felt guilty for months afterward.
- The boys washed **ourselves/themselves** after a long day of playing outside in the mud.
- They must remember to trust **themselves/themselfs** and their abilities in order to succeed.
- She was proud of **herself/heself** for overcoming her fear and finally going on that rollercoaster.
- The chef considered **herself/herselve** a master of her craft and was confident in her cooking skills.
- We need to allow **ourselves/ourselfs** time to rest and recover after a long week of work.

