

5

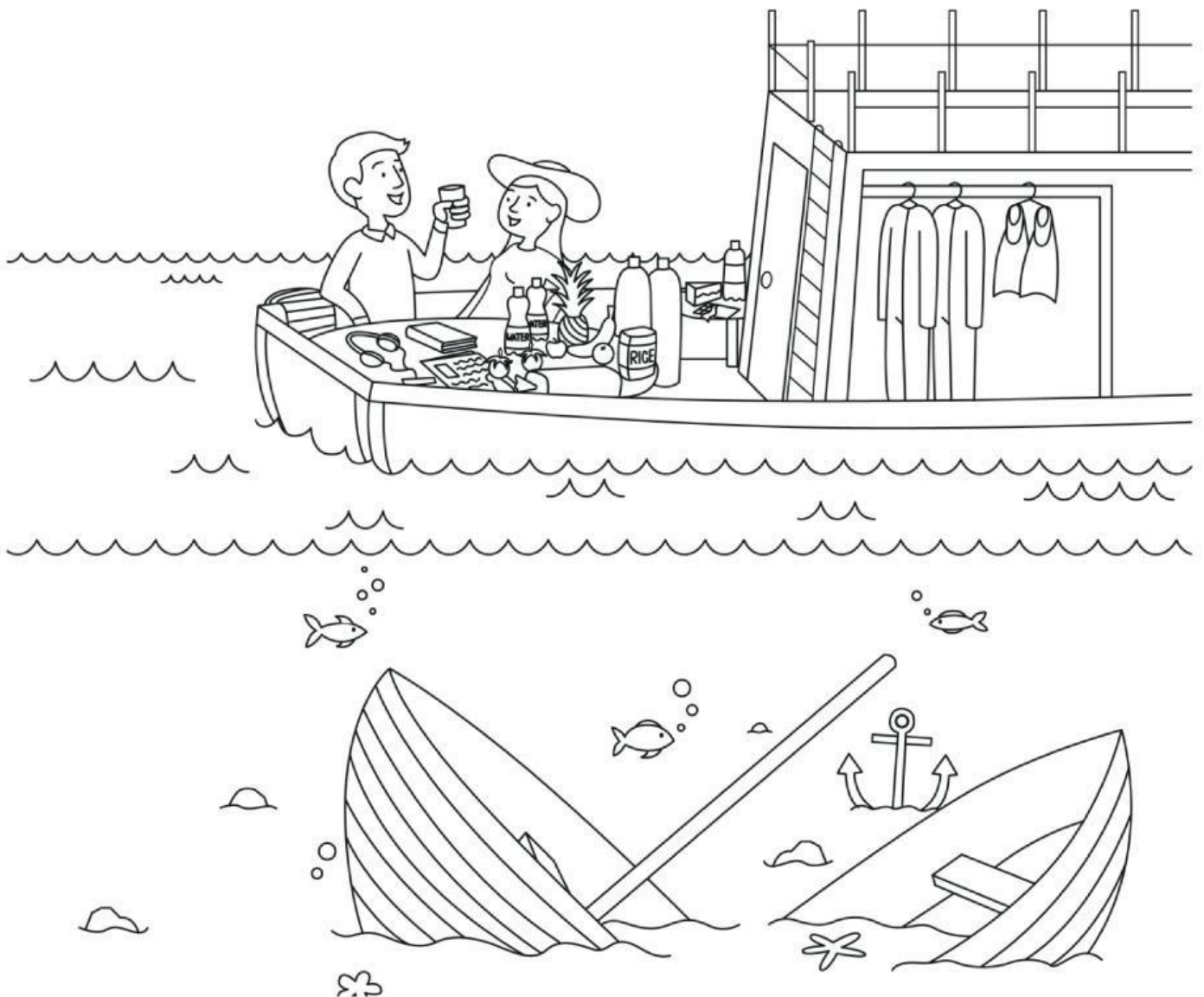
Humans

> 5.4 Staying alive

Focus

1 Udom and Kanya are on holiday.

Colour in only the things they need to stay alive.



Practice

2 Which of these foods are healthy for humans?

Tick (✓) the right box.

The first one has been done for you.

Fruit



Healthy ☒ Not healthy ☐

a Vegetables



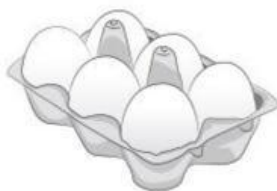
Healthy ☐ Not healthy ☐

b Cake



Healthy ☐ Not healthy ☐

c Eggs



Healthy ☐ Not healthy ☐

d Noodles



Healthy ☐ Not healthy ☐

e Sweets



Healthy ☐ Not healthy ☐

Challenge

3 Finish these sentences.

Use these words.



- a All animals need _____.
- b All animals need _____.
- c All animals need _____.
- d Humans need these things to stay _____.
- e If you eat the wrong food you will be _____.