

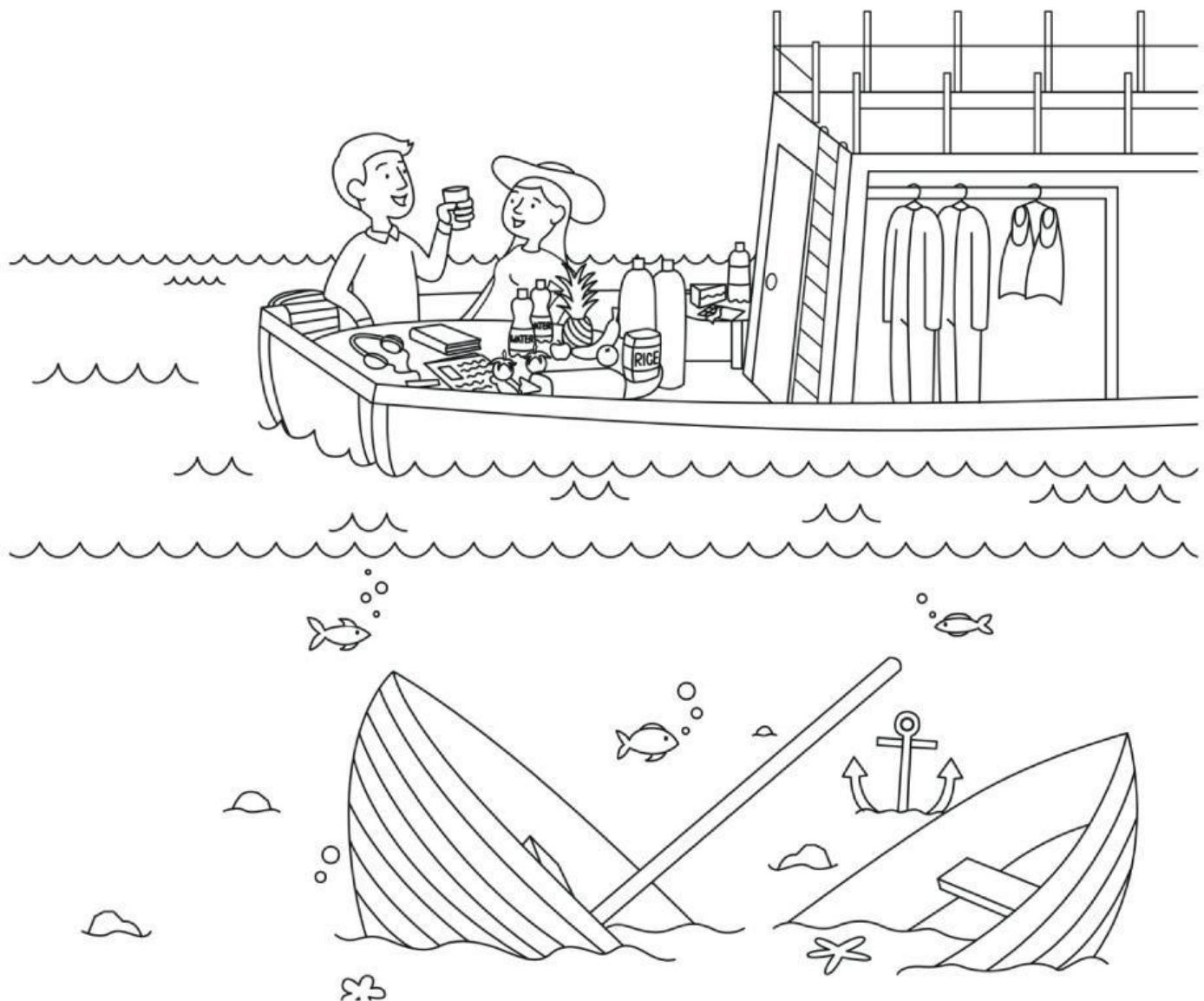
5 → Humans

› 5.4 Staying alive

Focus

1 Udom and Kanya are on holiday.

Colour in only the things they need to stay alive.



Practice

2 Which of these foods are healthy for humans?

Tick (✓) the right box.

The first one has been done for you.

Fruit



Healthy Not healthy

a Vegetables



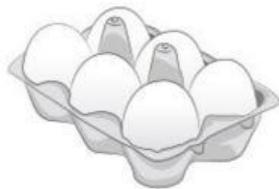
Healthy Not healthy

b Cake



Healthy Not healthy

c Eggs



Healthy Not healthy

d Noodles



Healthy Not healthy

e Sweets



Healthy Not healthy

Challenge

3 Finish these sentences.

Use these words.

alive

water

air

healthy

unhealthy

food

- a All animals need _____.
- b All animals need _____.
- c All animals need _____.
- d Humans need these things to stay _____.
- e If you eat the wrong food you will be _____.