

Unit 1: Breaking Bad Habits

MATCH the pictures with the correct vocabulary words below. Drag and drop the words next to the picture. (將圖片與下面正確的字彙配對。將文字拖放到圖片旁邊).



What did Trish first try to do to break her bad habit?

Complete the paragraph with the correct words by speaking. Choose your answers in the box. (透過說出正確的單字來完成該段落。在框中選擇您的答案)

moves	jog	takes time	tires her out
colorful	fidget		sore

Trish's first idea is to _____, but that just _____. Her next one is to chew gum, but that makes her mouth _____. Finally, she gets herself a _____ toy. It works. When Trish _____ the toy, she focuses less on biting her nails. Remember, breaking bad habits _____ and there many ways to do it.