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Vocab-Gram:
Writing:
Mini Test:

THE POWER OF SPORTS

- ❖ **Lưu ý 1:** Các từ vựng mở rộng thầy cô cho ghi trong vở (nếu có) và các từ vựng mở rộng trong phiếu đề có chú thích nghĩa: con về nhà chép mỗi từ **1 dòng** để ghi nhớ nhé.
- ❖ **Lưu ý 2:** Khi làm bài tập có từ mới, các con phải tra từ điển. Sau khi tra từ điển, các con chép mỗi từ mới **1 dòng** để ghi nhớ.
- ❖ **Lưu ý 3:** Các con gạch chân các từ khoá chính trong bài đọc.

A. VOCABULARY

No.	Words	Meaning	No.	Words	Meaning
1	teamwork (n)	tinh thần đồng đội, sự chung sức	5	make friends	kết bạn
2	stay fit	giữ dáng	6	reduce stress	giảm căng thẳng
3	feel confident	cảm thấy tự tin	7	keep your body healthy	giúp cơ thể khỏe mạnh
4	feel relaxed	cảm thấy thư giãn	8	grow taller	phát triển cao lớn hơn

- ❖ Note : n= noun: danh từ
- ❖ Con học thuộc nghĩa của từ, chỉnh phát âm theo từ điển và chép vào vở mỗi từ 1 dòng vào vở ghi.

B. WRITING

Topic: What are the benefits of sports?

You may have to answer these questions:

- Do sports help to keep your body healthy?
- Do sports help to keep your mind healthy?
- Do sports help you to make friends?

C. HOMEWORK

Exercise 1: Complete the words and match them with their definitions

0. a person who lives in a particular place	A. resident
1. large and with a lot of space	B. t _____ m _____ or k
2. a forest in a <i>tropical</i> (<i>nhiệt đới</i>) area which receives a lot of rain	C. c _____ n _____ i _____ ent
3. a traditional short story that teaches a <i>moral</i> (<i>đạo đức</i>) lesson	D. r _____ i n _____ o _____ s t
4. feeling sure about your own <i>ability</i> (<i>năng lực</i>).	E. s _____ a c i _____ s
5. the activity of working well together as a team	F. f _____ le

0. A	1.	2.	3.	4.	5.
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Exercise 2: Circle the correct answer

0. I went hiking to the top of the _____ yesterday.

A. mountain B. ocean C. habitat D. resident

1. If you mix red and yellow, you _____ orange.

A. will get B. gets C. got D. get

2. It _____ a week since we gave out free leaflet. Please come to support us!

A. is B. was C. will be D. has been

3. The man in black said sorry _____ after he hit against my elbow by accident.

A. lonely B. wrinkly C. accurate D. politely

4. My friend _____ this phone since he was 20 years old.

A. has using B. used C. has used D. will use

5. She is _____ woman that I have ever met.

A. more powerful B. powerfuler C. most powerful D. the most powerful

6. The Egyptians preserved dead bodies of Pharaohs by wrapping them in cloth _____.

A. already B. before C. years ago D. ago

Exercise 3: Read the text and answer the questions

Sport plays a vital part in human life. It brings many benefits to our health, physically and mentally. Firstly, playing sports can give you a healthy life. You will be more active and healthier and can't easily get sick. It is also a good way to have a good body shape, so that you will feel more confident.

Moreover, sport brings joy and happiness as well. People believe that playing sports is a good way to reduce stress. It is because you only focus on how to play well and forget about the stress you have. There are some sports which you can play in groups or teams such as football, volleyball, tennis and after that you can make many new friends.

0. What part does sport play in human life?

→ It plays a vital part in human life.

1. Does sport make us get sick easily?

→ _____

2. Why can sport make you feel more confident?

→ _____

3. Why is playing sports a good way to reduce stress?

→ _____

4. Name some sports that you can play in groups or teams

→ _____

5. Can we make friends by playing sports?

→ _____

Exercise 4: Circle the correct answer

0. The weather was too / quite / fully windy for the children to go out. They may be sick easily.

1. The weather is extremely / quite / almost cold in the Antarctica. There are no indigenous people there.

2. The brain is 14 cm wide, is it / isn't it / is that?

3. Please give / giving / gave him the medicine. He wants to get well soon.

4. My uncle almost / totally / fairly won that competition. He was only 1 point behind the winner.

5. My father decided doing / to do / to doing more exercises.

Exercise 1: Fill in the blank with a suitable word from the box

<i>greenhouse</i>	<i>hustling</i>	<i>modern</i>
<i>tranquil</i>	<i>picturesque</i>	<i>captivating</i>

0. People should stop releasing greenhouse gases into the air.

1. The old town has become a _____ city with many tall buildings and factories.

2. It is a _____ countryside where there are many green fields.

3. I don't like the _____ lifestyle of people in the city, so I will come back to my hometown.

4. That actress has a _____ beauty that makes every man fall in love with her.

5. The coastal city has a _____ beach which attracts many tourists every year.

Exercise 2: Circle the **ONE** mistake and correct it

0. Jack somehow managed escape through the window. to escape

A (B) C

1. Let's help the teachers, will us?

A B C

2. This is a old fascinating detective book.

A B C

3. Life in the country is as relaxed than life in the city.

A B C

4. He carries on play tennis every morning

A B C

5. The teacher came in while we laughed yesterday.

A B C

Mọi ý kiến đóng góp của phụ huynh sẽ là động lực để Starlink nâng cao chất lượng đào tạo. Mời bố mẹ quét mã ở đây để thực hiện khảo sát a!

