**Watch the episode and mark the statements True or False**

1. Alcohol enhances the release of endorphin and GABA, leading to feelings of pleasure and calm. **True** **False**

2. Frequent alcohol use does not lead to brain adaptation. **True** **False**

3. Addictive substances affect dopamine release in the nucleus accumbens. **True** **False**

4. The reward pathway is not crucial to our well-being. **True** **False**

5. Continued substance use can reduce the impact of the brain's cortex. **True** **False**

6. Detoxing from a substance the body has become dependent on is not challenging. **True** **False**

7. Starting to use addictive substances before 18 is a significant risk factor. **True** **False**

LIVEWORKSHEETS